

# Reach Up

Avishag Dei

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**Practice Book**

**INTERMEDIATE LEVEL**  
**S T A G E   O N E**

## REACH UP

by Liora Arnon and Avishag Dei

FOLLOWS THE CURRICULUM OF THE MINISTRY OF EDUCATION AND CULTURE

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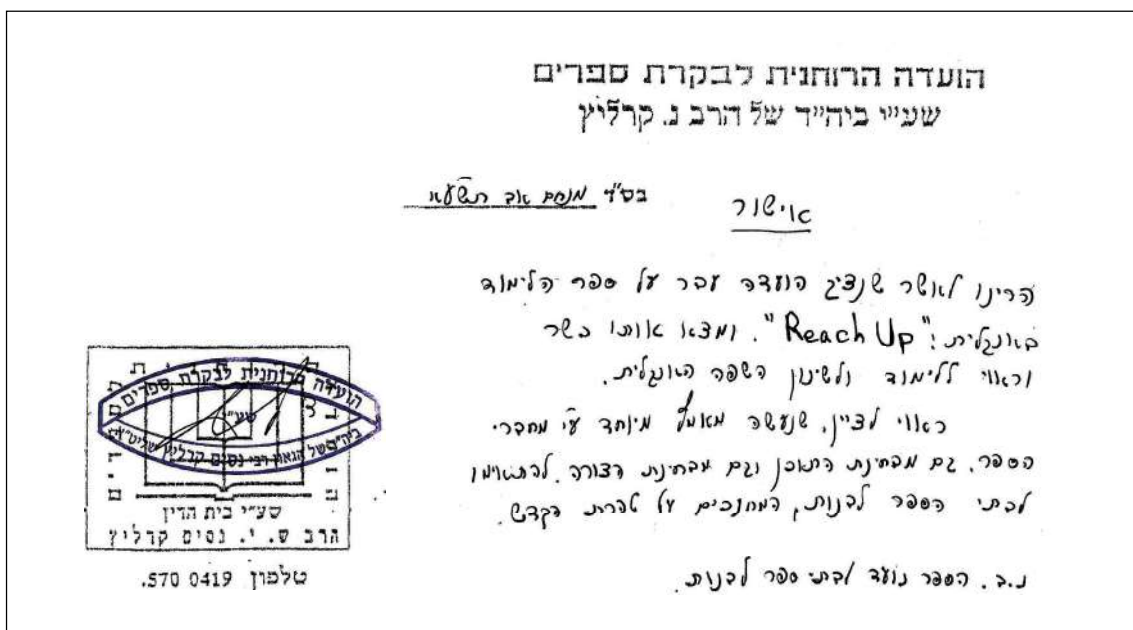
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# Unit A

## Part A

### Pre Reading Before page 8 exercise A

Match each of the two pieces of the puzzle and find out the meaning of the words.

התאימו זוגות וגלו את משמעות המילים.

|              |       |            |
|--------------|-------|------------|
| affect       | ..... | בריאות     |
| friendship   | ..... | להחלים     |
| health       | ..... | להשפיע     |
| illness      | ..... | מדען       |
| improve      | ..... | חלש        |
| recover      | ..... | בלתי יאומן |
| relaxed      | ..... | מחלה       |
| result       | ..... | חברות      |
| scientist    | ..... | לשפר       |
| study        | ..... | תוצאה      |
| support      | ..... | מחקר       |
| unbelievable | ..... | רגוע       |
| weak         | ..... | לתמוך      |

**Reading** After page 11 exercise H**Friendship and Health**

**A** Circle TRUE or FALSE. Copy the words that helped you answer.

הקיפו נכון או לא נכון. העתיקו את המילים שעזרו לכם לענות.

1. The study shows how hamsters affect people.

TRUE / FALSE

2. In the first group, the hamsters could see each other.

TRUE / FALSE

3. The results of the study were surprising.

TRUE / FALSE

4. A good friend makes you angry.

TRUE / FALSE

5. A friend cannot help you recover faster.

TRUE / FALSE

**B** Complete the sentences. There are a few possible answers.

השלימו את המשפטים. ישנן כמה תשובות מתאימות.

1. The hamsters in the first group .....

2. A good friend .....

3. Tamar is .....

4. Edna .....

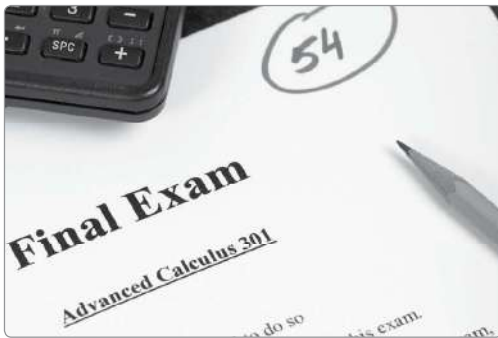
5. Tamar thinks that .....



**Words** After page 11 exercise H**A** Write TRUE or FALSE.

כיתבו אמת או שקר לפי התמונה.

- 1 The test **results** are good.  
TRUE / FALSE



- 2 The **scientist** is working. TRUE / FALSE



- 3 Chagit is very **weak**. TRUE / FALSE



- 4 The girl is **relaxed**! TRUE / FALSE

**B** Choose the correct answer.

בחרו את התשובה המתאימה.

- What can **improve** your **health**?  
a. Eating cookies.
- How does an **illness** make you feel?  
a. Very good.
- When do you feel **weak**?  
a. After a long trip.
- Why do you study for tests?  
a. To get good **results**.
- How can you **improve** your writing?  
a. By reading good books.
- A **study** can be:  
a. interesting.

- Eating vegetables.
- Very bad.
- Before a long trip.
- To **support** the teacher.
- By going shopping.
- beautiful.

**C** Circle the correct answer in each sentence.

הקיפו את התשובה הנכונה בכל משפט.

- The ..... is about taking Vitamin C.  
☐ a friendship      ☐ b illness      ☐ c study
- We saw a cow on the street! It was ..... !  
☐ a relaxed      ☐ b unbelievable      ☐ c weak
- We learned that it is important to support .....  
☐ a poor people      ☐ b magazines      ☐ c rich people
- Her problems affected her work, so, .....  
☐ a her work was good      ☐ b her work wasn't good      ☐ c her work didn't change
- Health is more important than .....  
☐ a money      ☐ b life      ☐ c everything
- The baby is ..... after he eats.  
☐ a relaxed      ☐ b angry      ☐ c sad

**D** Give an example of the following.

תנו דוגמא לדברים הבאים.

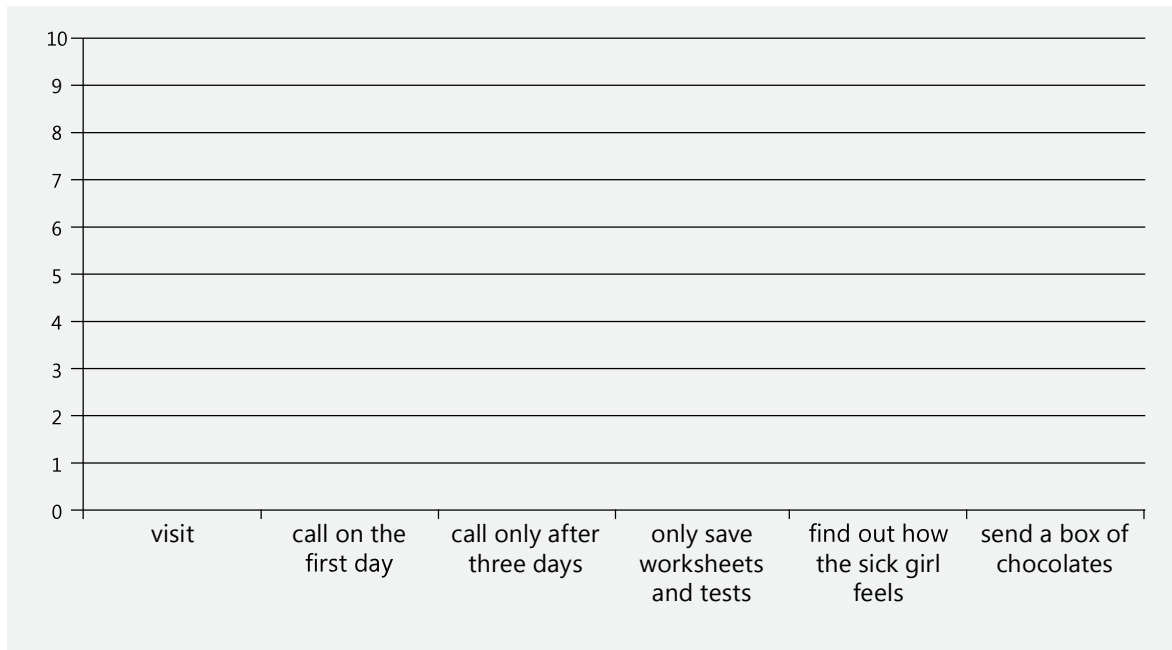
- Something that is bad for your **health**. .....
- Someone who was a **scientist**. .....
- Two girls who have a true **friendship**. .....
- Something that **affects** your feelings. ....
- Something that can help you **recover** faster. ....
- Someone who **supports** sick people. ....



**Do a Survey!** After page 13 exercise C

- A** Complete the graph. According to the graph, how many girls do the following activities?

שרטטו גרף עמודות המראה כיצד בנות כיתכן  
עוזרות לבנות שנעדרו מבית הספר.



- B** Show the graph to your friend. Are your graphs the same?

**Writing** After page 13**Sentence Order**

- A** Correct the sentences.

כתבו את המשפטים בצורה נכונה.

1. Came to our class a new teacher.

.....

2. Has my friend a new schoolbag.

.....

3. Saw many new houses I.

.....

4. Called yesterday Goldy and Sarit.

.....

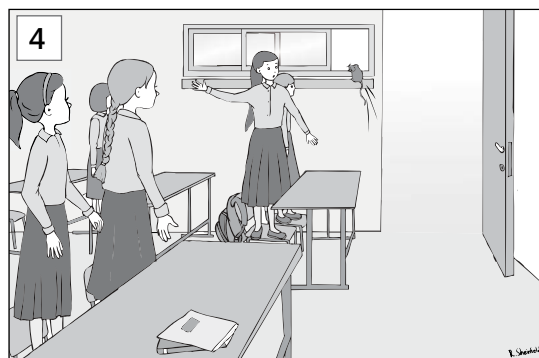
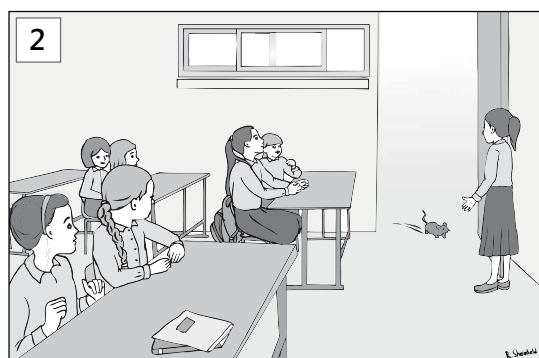
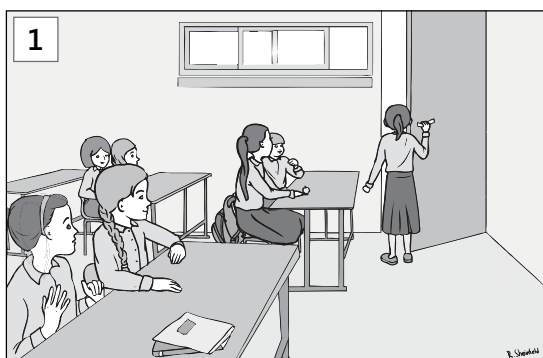
5. To school I go by bus.

6. Have I a big test tomorrow.

**B**

Write a sentence for each picture. Pay attention to sentence order.

כתבו משפט לכל תמונה. שימו לב לסדר מילים  
נכון במשפט.



### Useful Vocabulary

ran into - נכנס • opened - פתחה • stood - עמדו • ran away - ברח

**Use the Dictionary** After page 14 exercise B**A** Put each group of words into alphabetical order.

סדרו כל קבוצת מילים לפי סדר האלפבית.

|                                  |                                  |                                        |                                     |
|----------------------------------|----------------------------------|----------------------------------------|-------------------------------------|
| snail<br>snake<br>smile<br>smoke | balloon<br>be<br>bake<br>behind  | young<br>yellow<br>yogurt<br>yesterday | egg<br>elephant<br>Eskimo<br>eleven |
| ↓                                | ↓                                | ↓                                      | ↓                                   |
| .....<br>.....<br>.....<br>..... | .....<br>.....<br>.....<br>..... | .....<br>.....<br>.....<br>.....       | .....<br>.....<br>.....<br>.....    |

**B** Use the dictionary to write the meaning of these words. Circle the word that doesn't belong in the group.חפשו במילון את משמעות המילים האלו.  
הקיפו בעיגול את המילה שלא שייכת לקבוצה.

1. fine / fantastic / terrible
2. bus / truck / ship
3. pear / peach / onion
4. bake / cook / taste

**Language Point** After page 17 exercise D**Present Simple****A** Write the following time expressions in English.

כתבו באנגלית את ביטויי הזמן הבאים.

1. \_\_\_\_\_ תמיד
2. \_\_\_\_\_ בדרך כלל
3. \_\_\_\_\_ לפעמים
4. \_\_\_\_\_ אף פעם
5. \_\_\_\_\_ כל יום
6. \_\_\_\_\_ פעם בשבוע

**B** Circle the answer that is true for you.

הקיפו את התשובה הנכונה לגביכם.

1. I **always** ...
  - a. finish school after 1:00.
  - b. finish school before 1:00.
2. **Once a year**, I ...
  - a. talk with my friends.
  - b. go to a summer camp.
3. I **usually** ...
  - a. get up before 7:00.
  - b. get up after 7:00.
4. I **often** ...
  - a. visit my friends.
  - b. stay at home alone.
5. I **sometimes** ...
  - a. don't do homework.
  - b. go on trips.
6. I **generally** ...
  - a. call my friends.
  - b. call my teachers.

**C** What do they usually do?

Look at the pictures and circle the correct answer.

מה האנשים הבאים בדרך כלל עושים?

1. The young girl **washes** / **doesn't wash** her hands after she eats.



2. The girl **likes** / **doesn't like** trips.



3. Parrots **write** / **don't write**.



4. Gideon **eats** / **doesn't eat** with his family every day.



5. We usually **keep** / **don't keep** our classroom clean.



**D** Circle the correct answer.

הקיפו את התשובה הנכונה לפי כללי הדקדוק.

1. Carmella **live** / **lives** in Naharia.
2. Cats **need** / **needs** special food.
3. My grandma **don't have** / **doesn't have** a cell phone.
4. My parents always **tell** / **tells** the truth.
5. Dovy **don't like** / **doesn't like** tea.
6. This clock **don't need** / **doesn't need** batteries.

**E** 1. Make sentences in the Present Simple.

כתבו משפטים ב Present Simple.

1. My sister / help / me with my English homework

.....

2. I / like / babies

.....

3. My sister / have / brown eyes

.....

4. Sad stories / make / me cry

.....

5. Music / give / me a good feeling

.....

6. My parents / want / to buy a new camera

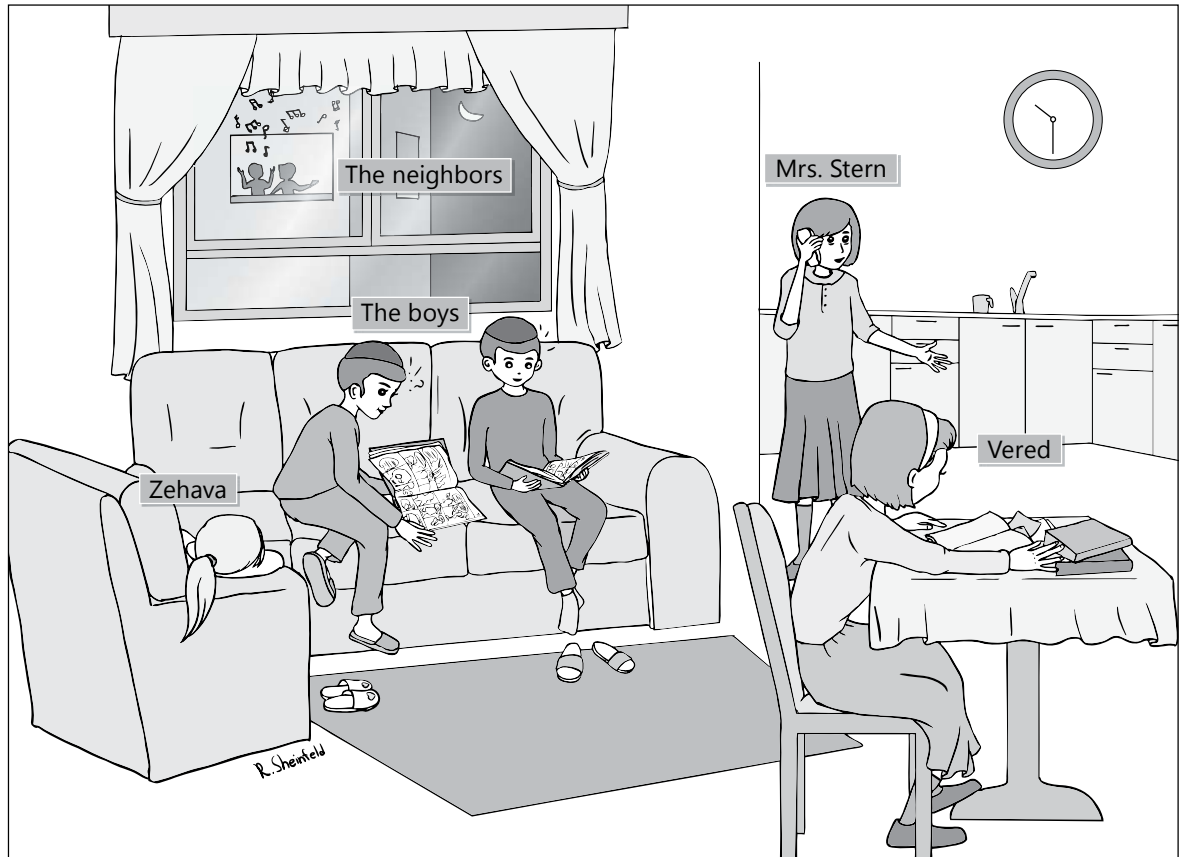
.....

## 2. Circle the sentences which are true for you from exercise E1.

הקיפו את המשפטים הנכונים לגביכם בתרגיל E1.

**F** Look at the picture below. What do these people do every day between 10- 12 p.m.?

התבוננו בתמונה וכתבו מה האנשים בתמונה עושים כל יום בין 10 ל-12 בלילה.



### Useful Vocabulary

ללמוד למבחנים - study for tests • לדבר בטלפון - speak on the phone • לישון - sleep  
להאזין למוזיקה - listen to music • לקרוא ספרי קומיקס - read comic books

1. Mrs. Stern .....
2. Vered .....
3. The boys .....
4. Zehava .....
5. The neighbors .....

**G**

1. Write ONE sentence about what **YOU** do every day between 10-12 p.m. Write ONE more sentence about what you don't do every day between 10-12 p.m.

כתבו משפט אחד המתאר מה אתם עושים כל יום בין 10 ל-12 בלילה. כתבו משפט נוסף המתאר מה אתם לא עושים כל יום בין 10 ל-12 בלילה.

I .....

I .....

2. Write ONE more sentence about what your friend does every day between 10-12 p.m. Write ONE more sentence about what your friend doesn't do every day between 10-12 p.m.

כתבו משפט אחד המתאר מה חברתכם עושה כל יום בין 10 ל-12 בלילה. כתבו משפט נוסף המתאר מה חברתכם לא עושה כל יום בין 10 ל-12 בלילה.

My friend .....

My friend .....

## Part B

## Pre Reading Before page 17 exercise A

## A Special Friendship

Match each plant to its watering can and find the meaning of each word.

התאימו כל שתיל למזלף הנכון וגלו את משמעות כל מילה.

להחליט

עצה

חבר לכיתה

תוכנית

מתבגר / מתבגרת

מראיין

נכה

פעילות

ראיין

להתיידד

קושי

לעודד

לוותר

disabled

interviewer

classmate

teenager

plan

activity

advice

give up

become friends

interview

difficulty

encourage

**Reading** After page 20 exercise F**A** Number the sentences in the correct chronological order.

סדרו את המשפטים לפי סדר ההתרחשות.

- ..... Rachel felt wonderful.
- ..... Becky's mother encouraged Rachel a lot.
- ..... Becky became friends with Rachel.
- ..... Becky tried to push Rachel out of her house.
- ..... Rachel met Becky for the first time.

**B** Write who did / does the following.

כתבו מי עושה או עשה את הדברים הבאים.

1. .... does many activities with Becky .
2. .... smiles a lot.
3. .... gave Rachel a lot of encouragement.
4. .... need help with their homework.
5. .... need a lot of love.

**Words** After page 20 exercise F**A** Match A to B to make sentences.

התאימו A ל-B.

**A**

1. Many **teenagers** don't
2. The old lady has
3. My mother always gives me
4. Last week the newspaper reporter
5. The Cohens **decided**
6. When I was a child, my parents

**B**

- a. **interviewed** Bill Clinton.
- b. get enough sleep.
- c. **encouraged** me to read many books.
- d. **difficulty** walking.
- e. to move to a village.
- f. the best **advice**.

- B** Complete the sentences with the words below.  
Then circle the words in the grid.

השלימו את המשפטים. היעזרו במילים האלו.  
לאחר מכן, הקיפו את המילים בתפזורת.

activities • give up • disabled • planning • interviewer

- The boss is ..... to open a new store in Ramat Gan.
- There are special ..... you can do if you want to improve your memory.
- The ..... man can't walk, but he can swim.
- Math is difficult for Dini, but she doesn't .....
- The ..... asked many questions.

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| a | s | j | p | p | l | a | n | n | i | n | g |
| g | k | l | m | g | p | c | f | m | d | u | b |
| r | e | p | n | v | o | t | j | d | d | i | g |
| i | n | t | e | r | v | i | e | w | e | r | s |
| j | h | f | b | c | s | v | b | c | l | p | d |
| e | a | v | b | s | q | i | l | v | b | e | v |
| l | k | d | n | t | w | t | r | m | a | s | r |
| b | v | e | t | o | e | i | h | c | s | b | w |
| s | d | r | g | i | v | e | u | p | i | d | d |
| a | s | d | m | o | f | s | w | o | d | f | v |

**C** Complete the dialogues with the words below.  
Then match each dialogue to a picture.

השלימו את השיחות עם המילים שלמטה.  
לאחר מכן התאימו כל שיחה לתמונה.

teenagers • plans • activity • difficulty • encouraged

1. **Question:** What ..... do you like?  
**Answer:** I like cooking.
2. **Question:** What ..... do you have at school?  
**Answer:** It's hard for me to get to school on time.
3. **Question:** Do ..... like reading encyclopedias?  
**Answer:** Yes, I know many girls who like reading encyclopedias.
4. **Question:** What are your ..... for tomorrow?  
**Answer:** I am going to buy a new schoolbag.
5. **Question:** Who ..... you to learn to swim?  
**Answer:** My mother and my older sister.



**D** Complete the sentences in a logical way.

השלימו את המשפטים באופן הגיוני.

1. I want to **interview** .....
2. I have **difficulty** .....
3. My **advice** to **teenagers** is .....
4. Many of my **classmates** .....
5. It is important to **encourage** .....
6. I was shocked when my friend **decided** .....

**Language Point** After page 22 exercise B**Present Simple - Questions****A** Make up questions.

כתבו שאלות נכונות.

1. you / sometimes / visit / do / your cousins?

**For example:** *Do you sometimes visit your cousins?*

2. give / does / Mrs. Cahana / computer lessons?

3. delicious food / does / the chef / cook?

4. your mother / does / have / plans / for the end of the week?

5. like / your parents / do / music?

6. the boys / do / play / basketball?

**B** The Prince and the Pauper

This is a story about two young boys who look the same: Tom, a pauper\*, and Prince\*\* Edward. When they meet for the first time, the pauper wants to learn about the prince's life.



\* pauper - עני | \*\* prince - נסיך

**Make up FIVE questions the Pauper asks the Prince. Use the Present Simple.**

כתבו חמש שאלות שהעני שואל את הנסיך.  
השתמשו ב-Present Simple.

1. The Pauper: .....

The Prince: No, I don't go school. I learn at the palace.

2. The Pauper: .....

The Prince: No, my parents don't let me play with other boys.

3. The Pauper: .....

The Prince: Yes, the chef makes me whatever food I want.

4. The Pauper: .....

The Prince: No, the king doesn't read stories to me.

5. The Pauper: .....

The Prince: Yes, I want to live in a regular house.

**C** Look at the answers. Fill in the questions with the correct Wh-word.

הסתכלו על התשובות והשלימו את השאלות בעזרת מילות ה-Wh שלמטה.

When • How • Who • Where • What

- |                                                |                        |
|------------------------------------------------|------------------------|
| 1. .... do you do after you eat lunch? →       | I read the newspaper.  |
| 2. .... do you change your clothes? →          | The minute I get home. |
| 3. .... does your sister put her shoes? →      | Next to the door.      |
| 4. .... does your best friend get to school? → | By bus.                |
| 5. .... walks to school with you? →            | My younger sister.     |

**D** Extra

Look at Shira's timetable. Write the questions that Dalia asks Shira.

התבוננו בלוח הזמנים של שירה. כתבו את השאלות שדליה שואלת את שירה.

| Sunday                              | Monday                     | Tuesday      | Wednesday                         | Thursday    | Friday         | Saturday                           |
|-------------------------------------|----------------------------|--------------|-----------------------------------|-------------|----------------|------------------------------------|
| my neighbor learns graphics with me | have guitar lesson at 6:00 | swim at 4:00 | go to the school library at 10:30 | go shopping | clean my house | visit Mrs. Sherman, a lonely woman |



Dalia: *When do you have guitar lessons?*

Shira: On Monday.

Dalia: .....

Shira: To the school library.

Dalia: .....

Shira: My neighbor.

Dalia: .....

Shira: On Fridays.

Dalia: .....

Shira: Because she is lonely.

Dalia: .....

Shira: I swim.

**E** Shulamit is a new girl in Grade Ten. She loves music very much. Write **THREE** questions you would like to ask her. Use the Present Simple.

שולמית היא תלמידה חדשה בכיתה י' שמאוד אוהבת מוזיקה. כיתבו 3 שאלות שהייתם רוצים לשאול אותה. השתמשו בהווה פשוט.

1. ....
2. ....
3. ....

### Useful Vocabulary

enjoy - להינות

practice - להתאמן

musical instrument - כלי נגינה

play - לנגן



## Words and More After page 23 exercise B

### Do and Make

**A** Write the words in the right columns.

כתבו את המילים בעמודות המתאימות.

dishes • homework • pancakes • salad • call my grandma

| Do    | Make  |
|-------|-------|
| ..... | ..... |
| ..... | ..... |
| ..... | ..... |

**B** Simmy is going to visit her family abroad. Write **TWO** tips to tell her how to be a polite guest. Use "do" or "make". You may use words from exercise A.

סימי עומדת לבקר את משפחתה בחו"ל. כתבו שני טיפים שיעזרו לסימי להיות אורחת טובה ומנומסת. אתם יכולים להשתמש בביטויים מתרגיל A.

**Example:** *Help the young children do homework.*

1. ....
2. ....

## Part C

## Pre Reading Before page 25 exercise A

Who has a chance to win the game? Write the word next to the winner and find out the meaning of the word.

למי יש סיכוי לנצח במשחק? בדקו איזו משמעות סמוכה לסימן המנצח. זוהי המשמעות הנכונה של המילה!

a few = ..... אחדים

X = אחדים | 0 = אבל

|   |   |   |   |
|---|---|---|---|
| 0 |   | X | 0 |
| X | 0 |   |   |
|   | X | 0 |   |
| X |   |   | X |

earn = .....

X = להרויח | 0 = לבקש

|   |   |   |   |
|---|---|---|---|
| X | 0 | 0 |   |
| X |   |   | X |
|   | X |   | 0 |
| 0 |   | X | 0 |

expensive = .....

X = יקר | 0 = נדיר

|   |   |   |   |
|---|---|---|---|
| X |   |   | 0 |
| X | 0 |   |   |
|   | X | X | 0 |
| 0 | X | 0 |   |

count = .....

X = לשוחח | 0 = לספור

|   |   |   |   |
|---|---|---|---|
| 0 |   | X | 0 |
| 0 | X |   |   |
| X | 0 |   |   |
|   |   | 0 | X |

proud = .....

X = גאה | 0 = חכם

|   |   |   |   |
|---|---|---|---|
| X | X | 0 | 0 |
| 0 |   |   | X |
|   | 0 | X |   |
| X |   | 0 |   |

although = .....

X = לכן | 0 = למרות ש...

|   |   |   |   |
|---|---|---|---|
| X |   | 0 |   |
| 0 | 0 | X | 0 |
|   | X | 0 |   |
|   | 0 |   | X |

take care of = .....

X = לשמור על... | 0 = לחכות

|   |   |   |   |
|---|---|---|---|
|   | 0 | X |   |
| X | X | 0 | X |
| 0 |   |   | 0 |
| X | X |   | 0 |

save = .....

X = לחסוך | 0 = לבזבז

|   |   |   |   |
|---|---|---|---|
| 0 | 0 |   | X |
| X |   | 0 |   |
| X |   |   | 0 |
| X | 0 | X | 0 |

however = .....

X = אבל | 0 = כתוצאה מ...

|   |   |   |   |
|---|---|---|---|
| 0 | X |   | 0 |
|   | X | 0 |   |
| 0 | X | X |   |
|   | 0 |   | X |

present = .....

X = מתנה | 0 = יומן

|   |   |   |   |
|---|---|---|---|
|   | 0 | X | X |
| X | X | 0 |   |
| 0 | X |   |   |
|   | 0 |   | 0 |

soon = .....

X = בקרוב | 0 = לעיתים

|   |   |   |   |
|---|---|---|---|
|   | X |   | 0 |
| 0 |   |   | 0 |
|   | X | 0 |   |
| X | 0 | X | X |

competition = .....

X = תחרות | 0 = מסיבה

|   |   |   |   |
|---|---|---|---|
| 0 |   |   | X |
|   | X | 0 |   |
|   | 0 |   | 0 |
| X | 0 | X | X |

look for = .....

X = למצוא | 0 = לחפש

|   |   |   |   |
|---|---|---|---|
|   |   | 0 | X |
| 0 | X | 0 |   |
|   | X | X | 0 |
| X |   |   | 0 |

use = .....

X = לטפל | 0 = להשתמש

|   |   |   |   |
|---|---|---|---|
|   | X | X |   |
| 0 |   | 0 | X |
| X | X | 0 | 0 |
|   | 0 |   | X |

**רמז:** ניתן לנצח רק בשורה שמופיעים בה רק איקסים או רק עיגולים.

**Reading** After page 28 exercise F**A Surprising Present****A** Match A to B.

התאימו A ל-B.

**A**

1. Leona and Debby helped their dad with everything:
2. Leona's grandma told her to
3. The goldsmith paid
4. Leona felt wonderful
5. Debby sold the violin and Leona

**B**

- a. take good care of her locket.
- b. after she sold her locket.
- c. sold her locket.
- d. \$100 for the locket.
- e. cleaning, taking care of their brother and more.

**B** Find a sentence in the story that shows the following.

מצאו משפט בסיפור המוכיח את הדברים הבאים.

1. Debby worked hard to earn money. ....
2. Leona cared about what her sister wanted. ....
3. Leona didn't use her locket. ....
4. Leona wanted to make her sister happy. ....
5. Leona is proud of her friendship with Debby. ....

**Words** After page 28 exercise F**A** The words in bold are incorrect. Replace them with one of the words below.

המילים המודגשות אינן מתאימות למשפטים. החליפו אותן באחת מהמילים הבאות.

although • look for • expensive • a few • excited • however

1. Livia went on the trip **count** it was raining.
2. We planned to go on a trip. **Although**, it rained and we couldn't go.
3. Everyone helped Gila **take care of** her lost locket.
4. Only **soon** girls knew the answer to the teacher's question.
5. Grandma was so **expensive** when she got the present.
6. I didn't buy the green sweater because it was **save**.

although

**B** Look at the pictures. Circle the correct sentence for each picture.

התבוננו בתמונות והקיפו את המשפט המתאים לתמונה.



1. a. The man looks for money.  
b. The man counts money.



2. a. The girl reads a book.  
b. The girl reads a few books.



3. a. The girl doesn't like competition.  
b. The girl gets a beautiful present.



4. a. The new car is expensive.  
b. The car isn't expensive.

**C** Complete the sentences in a logical way.

השלימו את המשפטים הבאים באופן הגיוני.

1. I have **a few** ..... in my schoolbag.
2. I try to **save** .....
3. I am very **proud** of .....
4. My best friend never **uses** .....
5. Sometimes I **get up** early although .....

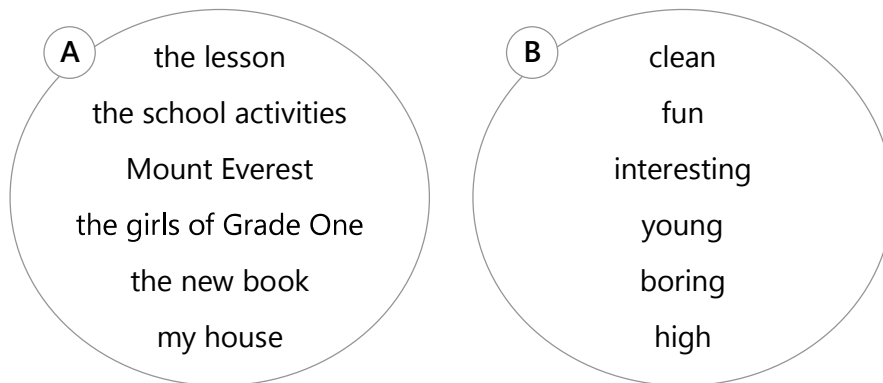
**Language Point** After page 30 exercise C**The verb "Be" in the present form**

**A** Use words from A and B and make logical sentences. Use the verb "be".

השתמשו במילים מ-A ומ-B על מנת ליצור משפטים הגיוניים.

**Tip**

**זכרו!** משפט מתחיל באות גדולה ומסתיים בנקודה!



**For example:** *Mount Everest is high.*

1. ....
2. ....
3. ....
4. ....

**B** Complete the sentences. Use the verb "be".

השלימו את המשפטים. השתמשו בפועל עזר "be".

1. Israel *is a beautiful country.* .....
2. My city .....
3. Babies .....
4. My life .....
5. Weddings .....
6. Azreali Towers .....

**C** Write ONE positive sentence and ONE negative sentence for each picture.

כתבו לכל תמונה משפט חיוב אחד ומשפט שלילה אחד.



palace

*The palace is old. It isn't modern.*



sea



the Queen's Guard



kangaroos



chess

**D** Yael is trying to convince Naama to go to a flower exhibition with her. Read Yael's answers and write what Naama asks Yael.

יעל מנסה לשכנע את נעמה להתלוות אליה לתצוגת פרחים. קראו את תשובותיה של יעל וכתבו מה נעמה שואלת את יעל.

1. Naama: *Is the Flower Exhibition interesting?*

Yael: Yes, the Flower Exhibition is very interesting.

2. Naama: .....

Yael: No, it is not expensive.

3. Naama: ..... ?

Yael: It is in Jerusalem.

4. Naama: ..... ?

Yael: It is very interesting because you can see many flowers there.

5. Naama: ..... ?

Yael: The museum's opening hours are 8:00 - 20:00, Sunday - Thursday.



**E** Find the mistake in each sentence and correct it.

מצאו את הטעות בכל משפט ותקנו אותה.

1. Bill Gates are very famous.

.....

2. The encyclopedia is heavy?

.....

3. Yoram doesn't happy.

.....

4. Computers important.

.....

5. Chimpanzees are intelligent?

.....

6. Is you tired?

.....

**Let's Speak** After page 31**A** Complete the dialogue with the phrases below.

השלימו את הדו שיח. השתמשו במילים שלמטה.

how interesting • what do you mean? • well • caring

**Odel:** Guess what! We have a new teacher until the end of the year!**Ayalah:** 1) ....., who is going to teach us instead?**Odel:** Mrs. Fogel. She is fantastic!**Ayalah:** And where does she live?**Odel:** 2) ....., she lives on my street. She is my neighbor.**Ayalah:** 3) ..... ! Do you sometimes babysit her children?**Odel:** No, her children are older than I am.**Ayalah:** Now I remember that Mrs. Fogel was my mother's teacher too.**Odel:** I'm sure we will have a great time with Mrs. Fogel.  
She is a very 4) ..... teacher.**B** In pairs, present the dialogue to the class.

בזוגות, הציגו את הדיאלוג לכיתה.

**Extra Reading** After page 33

**A** Read the following text and find out how to cope with the ending of a friendship.

## When Friendships End

Friendships sometimes end.

When a friend makes you feel badly too often, you have to end the friendship. Sometimes your friend moves to another place or wants to end the friendship.

The first days without your friend aren't easy. You feel sad and upset. However, if you know  
5 how to cope\* with the ending of a friendship, it can make you stronger.

These tips can help you:

### Tip 1

First, tell yourself that this friendship is not for you. Take time to think about why the friendship ended. Remember, this friendship is over\*\*!

### 10 Tip 2

Talk to someone who can give you good advice. It can be a parent, an older sister or anyone who understands you. These people can encourage you to do the right thing.

### Tip 3

Spend time with other classmates. Enjoy simple  
15 things like a friendly talk, a short walk or a fun game. Good friends will make you happy and help you feel better.

### Tip 4

Do activities you enjoy. For example, swim, dance  
20 or read an interesting book. When you are busy, you won't have time to think about the friend you lost.

Soon you'll have a chance to make new friends.  
Hope for the best and think about a better future.  
Tomorrow is a new day, and you're going to enjoy it!



\* cope - להתמודד | \*\* over - הסתיימה

**B** Answer the questions.

1. Why does a friendship end? Write TWO things. (lines 1-5)

a. ....

b. ....

2. Lines 4-5 tell us (-).

Put a ✓ by the TWO correct answers.

☐ a. what won't be easy

☐ b. how you'll feel after the ending of a friendship

☐ c. how to cope with the end of a friendship

☐ d. when the friendship will end

☐ e. who will make you stronger

3. What should you tell yourself after the ending of a friendship? (lines 7-9)

.....

4. Give TWO examples of people who can help you. (lines 10-12)

a. ....

b. ....

5. Circle the correct answer YES or NO.

You can have fun when you speak with a friend. YES / NO (lines 13-17)

Copy the words that helped you answer.

.....

6. Why is it important to keep yourself busy? (lines 18-22)

.....

7. Choose the correct answer.

In lines 23-25 the writer tells you (-).

a. to plan what you are going to do tomorrow

b. to enjoy new things

c. to be optimistic about the future

## Review

## A Translate the words into Hebrew.

תרגמו את המילים לעברית.

|                        |                      |
|------------------------|----------------------|
| a few - .....          | interview - .....    |
| advice - .....         | interviewer - .....  |
| affect - .....         | look for - .....     |
| although - .....       | plan - .....         |
| become friends - ..... | present - .....      |
| classmate - .....      | proud - .....        |
| competition - .....    | recover - .....      |
| count - .....          | relaxed - .....      |
| decide - .....         | result - .....       |
| difficulty - .....     | save - .....         |
| disabled - .....       | scientist - .....    |
| earn - .....           | soon - .....         |
| encourage - .....      | study - .....        |
| friendship - .....     | support - .....      |
| give up - .....        | take care of - ..... |
| health - .....         | teenager - .....     |
| however - .....        | unbelievable - ..... |
| illness - .....        | use - .....          |
| improve - .....        | weak - .....         |

## B Find a connection between the word groups below.

מצאו קשר בין המילים הבאות. (ניתן להסביר גם בעברית.)

- advice - classmate .....
- teenager - become friends .....
- illness - recover .....
- although - competition .....
- scientist - result .....
- earn - save .....

**C**

Fill in the correct word. Use the words from the list below.

שבצו את המילים המתאימות מבנק המילים.

supports • unbelievable • friendship • improve • decides • weak

- ..... is very important for teenagers.
- When our teacher ..... to do something, she is usually right.
- When Tovi sees a sad girl in class, she always ..... her.
- If you want to ..... your health, you should exercise every day.
- After I started taking antibiotics, I felt very .....
- It's ..... , but minerals can help you focus.

**D**

### Sentence Order

Put the words in the right sentence order.

סדרו את המילים במשפטים הבאים.

- takes care of / Ruthie / people

.....

- wants / Chaim / a new job

.....

- doesn't like / yogurt / Etty

.....

**E**

### Use the Dictionary

A. Put the words below into alphabetical order.

סדרו את המילים בסדר אלפבתי.

sandwich • need • game • learn • winter • sports • program • study • recover • plan

..... / ..... / ..... / ..... / .....

..... / ..... / ..... / ..... / .....

B. Look up these words in the dictionary.

הסתכלו במילון. איזו מילה מופיעה אחרי כל אחת

What comes AFTER each word below?

מהמילים הבאות?

- need - .....

- sports - .....

- plan - .....

**F Present Simple****A. Circle the correct answer.**

הקיפו את התשובה הנכונה.

1. We **eat** / **don't eats** eggs for breakfast every morning.
2. Mrs. Gold **doesn't wash** / **don't washes** the floors every day.
3. I often **eat** / **eats** dinner at my grandma's house.
4. Shani **don't do** / **does** her homework regularly.

**B. Galit visits her grandparents in Kfar Saba.**

כתבו שאלות לתשובותיה של גלית.

There, she meets Tzivi. Tzivi asks Galit a few questions. Write questions according to the answers.

1. Tzivi: ..... ?  
Galit: My name is Galit.
2. Tzivi: ..... ?  
Galit: I live in Haifa.
3. Tzivi: ..... ?  
Galit: Yes, I go to a school in Haifa.
4. Tzivi: ..... ?  
Galit: School begins at 8:15 in the morning.
5. Tzivi: ..... ?  
Galit: My mom helps me with my homework.

**G Fill in "do" or "make".**

כתבו "do" או "make".

1. We often ..... the shopping on Sunday mornings.
2. This cake is delicious. Did you really ..... it?
3. Before you go out, ..... your homework, OK?
4. Who's going to ..... the dinner? You or me?