

# VINIT 1 All in the Family

### **VOCABULARY ACQUISITION**

deserve	-להיות ראוי ל	incident	תקרית, מקרה	shelter (n, v)	מקלט, לתת מחסה, לגונן
get (v)	לענות (לטלפון, בדלת)	modest	צנוע, עָנָו	speak about	-לדבר על
in turn	כל אחד בתורו	partner	שותף	strong	חזק

D	Tick (✓)	the sentences	that you	agree	with
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1. Our grandparents <b>deserve</b> more of our time and attention.
2. You should do your best to <b>get</b> the telephone as soon as it rings.
3. You and your siblings should do your jobs at home <b>in turn</b> .
4. Doing household chores with a <b>partner</b> makes the work less enjoyable.
5. Parents who are <b>modest</b> set a good example for their children.
6. Parents can <b>shelter</b> their children from the real world forever.
7. You should <b>speak about</b> your problems with your parents.
8. A single <b>incident</b> can damage relationships within a family.
9. A <b>strong</b> relationship with your family will make you more confident.

B	annoy	להטריד, להציק לטעון	courage episode	אומץ לב מקרה, מאורע	remain calm	להישאר רגוע ביום למחרת
	ashamed	י מבויש, מתבייש	follow	-להבין, לעקוב אחר	tip (n)	עַצָּה
	at your best	במיטבך	quit (v)	-להתפטר, לפרוש מ	weigh ייד	אקול, להישקל, להכב

### Complete the sentences with the words above. Make necessary changes.

•	<ul> <li>Don't panic when your siblings <sup>1</sup>each of</li> </ul>	other. Just <sup>2</sup>
	since it's a part of the natural dynamics in a family. 3	, they usually forget all
	about it.	
•	<ul> <li>When you get angry with one of your family members, 4</li> </ul>	for your position in
	a calm manner, and <sup>5</sup> your words carefu	ılly.
•	<ul> <li>Listen to your grandparents when they tell stories of extraor</li> </ul>	dinary <sup>6</sup> and
	determination. Although it may be hard to <sup>7</sup>	all the details, these stories are
	a part of your family history.	
•	Don't offer too many cleaning 8 to you	r family members. They might feel
	9 or confused by your advice.	

	•	-	e going through a c			, your family's sup	port will help
	•	Your family is	s forever. You can't	leave or 12		. being part of you	r family.
		dedicate float (v) shaming	להקדיש לצוף , לרחף בִּיוּשׁ	slip (n, v) swear (v) victim	החלקה, להחליק להישבע קורבן	wise (adj)	נבון, פקח
<b>&gt;</b>	C	complete the	news headlines v	with the word:	s below.		
		DEDICAT	ES • FLOATING •	SHAMING • SI	LIPPING • SWEA	ARS • VICTIMS •	WISE
	1.	. 3-YEAR-OLD	BOY SAVES HIS GR	ANDMOTHER FI	ROM	ON THE ICE	
	2.		D WOMAN GIVES H HER PARENTS	ER HOUSE TO T	HE HOMELESS A	ND	IT TO THE
	3.	. EXPERTS WAI	RN OF THE HARMFU	JL EFFECTS OF			
	4.	. HIGH SCHOO	DL STUDENTS DONA	ATE CLOTHES TO	)	OF HURRICANE	
	5.		O MAN O NIGHTS WITH HEI			S WIFE'S BEDSIDE,	SPENDING
	6.		GRANDFATHER PASSES AWAY	C GIVES HIS FAM	MILY ALL HIS MON	NEY SO THEY WON	'T FIGHT OVER
	7.		FIND AN OLD BOTTI TH OUR FAMILIES"	_E	IN THE OCE	AN WITH A MESSA	GE: "WE BEGIN
D		absorb access (n, v) assure cure (n, v)	לספוג, לקלוט גישה, להשיג גישה להבטיח, לחזק רְפוּאָה, לרפא	distinguish for the sake of formerly grateful	בחין, להבדיל וען iu דם לכן, לְשֶׁעָבַר זיר תודה	למ <b>trade (n)</b>	מֶסֶר מסחר, עסק

1. Complete the passage using the words in the box below.



- 2. What are some traditional foods that your family loves?
  - What are some memories and experiences that you associate with these foods?

# **DEFINITIONS**

Ŀ	Match the words in each group to their definitions.				
A	<ol> <li>to absorb</li> <li>to assure</li> <li>to distinguish</li> <li>to dedicate</li> <li>to float</li> <li>to slip</li> </ol>	<ul> <li>a. to stay on the surface of a liquid without sinking</li> <li>b. to fall, to slide</li> <li>c. to tell someone that something is certain or true</li> <li>d. to take in and make part of yourself</li> <li>e. to say that something is in someone's memory</li> <li>f. to recognize the difference</li> </ul>			
В	<ol> <li>access</li> <li>cure</li> <li>message</li> <li>trade</li> <li>shaming</li> <li>incident</li> </ol>	<ul> <li>a. the act of buying and selling</li> <li>b. the ability to enter or use something</li> <li>c. the activity by which someone is made to feel bad in public</li> <li>d. event, especially one that is unusual</li> <li>e. a drug to stop disease</li> <li>f. important idea</li> </ul>			
C	<ol> <li>wise</li> <li>ashamed</li> <li>grateful</li> <li>modest</li> <li>strong</li> <li>formerly</li> </ol>	<ul> <li>a. guilty or sorry for one's actions</li> <li>b. thankful, appreciative</li> <li>c. in the past</li> <li>d. having good judgement, smart</li> <li>e. not proud</li> <li>f. close (relationship), or determined (personality)</li> </ul>			
D	<ol> <li>speak about</li> <li>at your best</li> <li>remain calm</li> <li>for the sake of</li> </ol>	<ul> <li>a. discuss, talk on the subject</li> <li>b. stay relaxed</li> <li>c. in order to benefit</li> <li>d. the next day</li> <li>e. as good as you can</li> <li>f. one after another</li> </ul>			

	1. to swear	a. to understand
E	2. to annoy	b. to stop, to give up
	3. to follow	c. to consider carefully
	4. to quit	d. to promise
	5. to weigh	e. to upset, typically with repeated or unpleasant acts
F	1. tip	a. a person who has suffered harm or injury
	2. episode	b. team member, one of the owners of a company
	3. courage	c. piece of advice
	4. partner	d. bravery
	5. victim	e. business, occupation, job
	6. trade	f. event that is part of a larger number of events
	1. to argue	a. to answer the phone or door
G	2. to weigh	b. should get something because of their behavior
G	3. to shelter	c. to persuade, to give reasons for or against something
	4. to get	d. to measure how heavy something is
	5. to deserve	e. to protect

### **REVIEW**

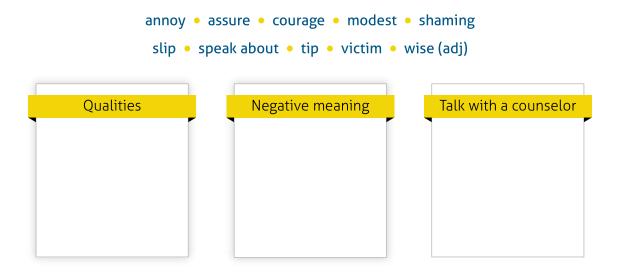


A Go over the New Words from the unit again. Highlight the words that you remember.

	absorb	deserve	incident	strong
	access (n, v)	distinguish	message (n)	swear (v)
	annoy	episode	modest	the following day
05	argue	float (v)	partner	tip (n)
10 R	ashamed	follow	quit (v)	trade (n)
NEW WORDS	assure	for the sake of	remain calm	victim
ä	at your best	formerly	shaming	weigh
	courage	get (v)	shelter (n, v)	wise (adj)
	cure (n, v)	grateful	slip (n, v)	
	dedicate	in turn	speak about	



Divide the following words into the categories below. There are a few possible answers.



Find words in A that have the *opposite* meaning. There are a few possible answers.

1.	weak	
2.	against the interests of	
3.	sink	
4.	unappreciative	
5.	enemy	
6	continue	

Write sentences to answer the questions below. Use at least one of the words from A in each answer.

1.	Why would you put a dry sponge on a wet floor?
2.	Why do you need a code for your computer?
3.	What can antibiotics do?
4.	Why should businesses make their logo unique?

5.	How will the speakers present their speeches at the conference?
6.	What is the purpose of a tent when camping?



# Talking Points- COBE in Action



- "Family is the anchor that holds us through life's storms."
   Share a personal experience when your family was an anchor for you.
- 2. What are some ways that families can support and care for each other during difficult times?
- 3. What are some of the challenges of being part of a close-knit family?
- 4. How can you strengthen family relationships?
- 5. What are some of the most important characteristics that make a happy family?
- 6. What are some important life lessons that you have learned from your parents?



### **Word Masterpiece**

# Choose ONE of the following tasks.

- 1. Write a short story about a family tradition. The story can be real or imaginary. Use at least FIVE of the new words you learned in this unit.
- 2. Write a letter to a family member, thanking them for the support or help they have given you. Use at least FIVE of the new words you learned in this unit.
- 3. Write a descriptive paragraph about a family member. Use at least FIVE of the new words you learned in this unit.



#### PART I: WRITTEN RECEPTION (70 points)



Read the article below.

#### SHORTAGE OF NURSES

- I Whether or not they wear traditional white uniforms, today's nurses are still considered the heroes of the healthcare world, tirelessly1 caring for a patient's every need. Unfortunately, we are experiencing a shortage2 of about seven million nurses all over the world, which could put the future of healthcare in danger. According to a recent report from the International Council of Nurses, there could be a shortage of 13 million nurses globally by 2032, and that's a frightening thought.
- II One of the major causes of this shortage is the world's aging3 population. While the average person in the 1950s was expected to live to about 50 years of age, today, thanks to medical advancements, people are expected to live into their 70s, and even into their 80s or 90s in some countries. This is very good and well, however it comes along with a problem: chronic diseases are common among older people, and this means they often require specialized nursing care. There simply aren't enough nurses to meet this growing demand.
- III In addition, our healthcare system is quickly losing older nurses to early retirement due to increasing stress in the workplace. "My friends and I took an early retirement during the Covid pandemic4 because we felt so burned out!" says Tracy Beckman, a nurse in London. At the same time, there aren't enough young nurses entering the field to replace those we are losing. Today's youth are choosing higher paying careers that offer better conditions and more flexibility. On top of that, there aren't enough programs to train all the young people who are interested in becoming nurses!
- IV Sadly, this can truly be a matter of life and death. Fewer nurses means a greater workload, and that increases fatigue5 and leads to mistakes. "I've given patients the wrong medicine because I was tired and overworked6," admits Na'ama Grayson, a nurse in Be'er Sheva. "And many of my friends have made similar mistakes." Nursing shortages can result in the closure of clinics or reduction of healthcare services, particularly in rural or remote areas.
- V In light of the above, healthcare facilities7 must immediately improve salaries and working conditions for their nurses, but that's just the start. Governments should invest in nursing education by providing more funding8 and expanding9 nursing programs. In addition, governments must develop modern models of care that use video conferencing and other technological solutions that enable access to healthcare and deal with shortages in hard-to-reach areas.

GLOSSARY					
1. tirelessly		4. pandemic	מגיפה	7. facility	מבנה
2. shortage	מחסור	5. fatigue	עייפות, תשישות	8. funding	מימון
3. aging	מזדקן	6. overworked	עבד קשה מידי	9. expand	להרחיב

## Answer the following questions.

Complete the sentence.

	Answer the following questions.
1.	What do we learn about nurses in paragraph I?
	a. Their traditional uniforms is are their symbol.
	b. They are experiencing a shortage of equipment.
	c. They are greatly admired.
	d. They are getting ready for the future.*
	*To help you answer, go to Top strategies on page
2.	What can you understand from the report by the International Council of Nurses? (paragraph I)
	Complete the sentence.
	In the future, the problem
3.	What explains the fact that people today live longer in comparison to the past? (paragraph II)
4.	Why do older people need highly skilled health services? (paragraph II)  They (usually)
5.	What do we learn from Tracy's words (lines)
	a. What her friends thought of her retirement.
	b. How she felt after she retired.
	c. What affected her career.
	d. What helped her recover from the pandemic.
6.	What do the lines "(today- nurse ) explain? (paragraph III)
	Complete the sentence.
	These words explain why
7.	Give What do the words "similar mistakes" (line) refer to?

The nurses didn't

8.	Who is likely to suffer more from a shortage of nurses? (paragraph IV)							
	Answer:							
9.	What are told in paragraph V?							
	a. Nurses should take steps to improve	ve the situation.						
	b. The government should put strong	er focus on nursing training.						
	c. Healthcare facilities and governme	ents need to work in cooperation.						
	d. The nurses should be more profess	•						
	The name of the property							
	PART I	I: LEXICAL KNOWLEDGE						
	Match three of the words in eac	h group to their definitions. (15x2=30 points)						
10	1. bean							
	2. expression	promise or accepted duty to do something						
	3. budget	the seed of a plant						
	4. export	estimate of income and expenses						
	5. atmosphere							
	6. commitment							
11								
	2. to present	to provide an example or explanation						
	3. to reach	to guess or calculate the value of something						
	4. to flow	to arrive at a place						
	5. to broadcast							
	6. to illustrate							
12	1. roast							
	2. identical	very interested						
	3. single	not married						
	4. keen	exactly the same						
	5. sharp	·						
	6. outstanding							
13	1. to drag and drop							
	2. to set out	to start a journey or task						
	3. to switch off	to move an object on a computer screen						
	4. to rely on	to get rid of						
	5. to throw away							
	6. to take advantage of							

14	1. justice	
	2. court	combination of two different things
	3. infection	fairness
	4. mixture	end of a surface
	5. engineer	
	6. edge	

#### **TOP STRATEGIES**

#### **Choosing the Correct Wh-Option**

In the Bagrut exam, there are multiple-choice questions that ask what is mentioned in the text. The options start with question words like "why," "how many," "where," etc. To answer correctly, ask yourself the same question and try to find the answer in the text. Mark a check  $(\sqrt{})$  if you find the answer in the text or mark an "X" if you don't find the answer in the text. Practice the Strategy.

בבחינת הבגרות ישנה סוג שאלה רב ברירתית השואלת מה נאמר בטקסט. בפניכם יוצגו מספר אופציות שכל אחת מהן מתחילה במילת שאלה כגון: why, many how, where וכו'. על מנת לענות נכון על השאלה, שאלו את עצמיכם אותה שאלה ונסו לענות עליה. אם מצאתם תשובה בטקסט, סמנו √ מימין לאופציה זו. אם לא מצאתם תשובה בטקסט לשאלה, סמנו לעצמיכם X.

#### PRACTICE THE STRATEGY

On most sunny winter weekends, college student Erika Dunn goes skiing high in the Rocky Mountains. Last weekend, however, she volunteered to track wolves1 through those same mountains for a research project she had read about on the website of an organization called Adventurers and Scientists for Conservation (ASC). Founded in 2010 by hiker and ecologist Gregg Treinish, the ASC connects outdoor sports lovers with scientists who need help in getting information from places that are hard to reach.

<sup>1</sup> wolves - זאבים

What do we learn from lines 1-5?

- (i) Why Erika volunteers for research projects.
- (ii) Why some researchers need people like Erika.
- (iii) Why scientists do research on wolves.
- (iv) Why adventurers are interested in conservation.
- 2. The Boston Public Library, built in 1848, is the oldest public library in the USA. Soon, however, people won't recognize it. The library is being given a totally new design. In addition to quiet reading rooms, there will be bright, open spaces where visitors can sit and have a cup of coffee. A new section for teenagers will have a restaurant, rooms with the latest equipment for recording music and producing cartoons, and even an area with exercise equipment.

What information is given in lines 1-5 about the Boston Public Library? PUT A  $\sqrt{BY}$  THE TWO CORRECT ANSWERS.

- ..... i) Why it was built.
  - ii) How soon it will open to the public.
- ..... iii) Why people won't recognize it.
- ..... iv) Which of its sections are most popular.
- ..... v) Who uses it most.
- ..... vi) What it will offer visitors.
- 3. The New York Police Department decided it needed an expert on bees seven years ago, after many New Yorkers started keeping beehives<sup>1</sup> on the roofs of their apartment buildings. The hobby became popular following an earlier trend of planting gardens on the city's rooftops. "People are always trying to get closer to nature," says Harper. "Some of them also hope to make a bit of money by selling honey to local restaurants." However, she adds, most of the people who keep bees in the city are amateurs<sup>2</sup> who don't have enough knowledge to do it properly. And that's where the trouble begins.

 $^{1}$ beehive - כוורת של דבורים  $^{2}$  amateur - חובבן

What can we understand from lines 1-6?

- i) Why the New York police hired Harper.
- ii) Why it is difficult to keep bees on city rooftops.
- iii) How beekeepers in New York learn to care for the bees.
- iv) What kinds of gardens people plant on their rooftops.
- But busking<sup>1</sup> has its opponents as well. Store owners often complain that buskers are bad for business since they cause too much noise and commotion<sup>2</sup>. Consequently, in some cities there are restrictions on where and when buskers can perform and how loud their music can be. A few places have even made busking illegal, claiming that street performers take over public space for their own private purposes. Still, advocates<sup>3</sup> of busking argue that street performers do much more good than harm. Judging by their popularity with the public, most people would agree.

 $^{1}$  busk - המולה - להופיע בהופעת  $^{2}$  commotion - מומך  $^{3}$  advocate - תומך

What does the writer explain in lines 1-6 about the restrictions on busking?

- (i) Why they are needed.
- (ii) Which are most common.
- (iii) How successful they are.
- (iv) What buskers think of them.



# Finding Joy Through Hobbies

### **VOCABULARY ACQUISITION**

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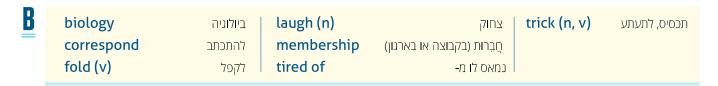
aside (adv) בצד dramatic דרמטי, מסעיר grab (v) קחטוף mood מצב רוח on one's own בכוחות עצמו, לבדו weird (adj) מוזר

whatever

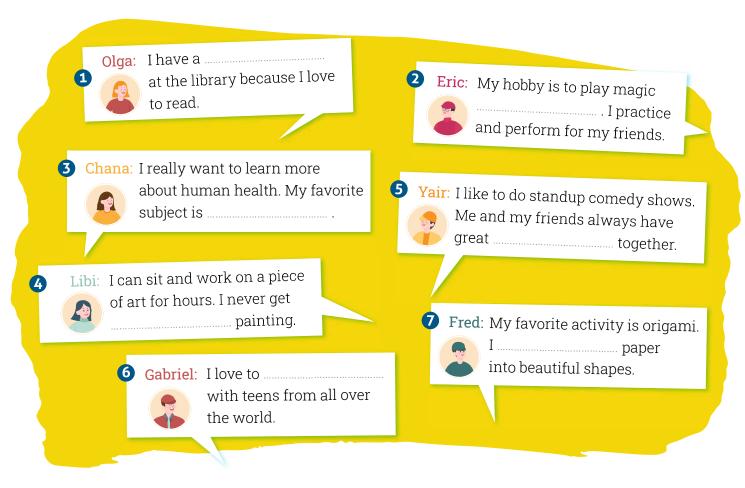
איזה, איזשהו

di	Answer	the	questions	about v	Jourself
	Allowei	uie	questions	abbut	yourseti.

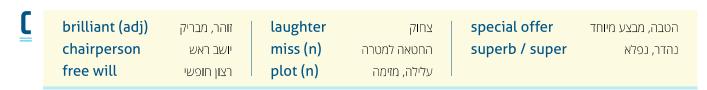
1.	Do you set <b>aside</b> time each week to develop your hobbies? How much time?
2.	What are some activities that improve your <b>mood</b> ? Give a few examples.
3.	Which activities do you enjoy doing <b>on your own</b> , and which activities do you prefer to do with friends?
4.	Is reading one of your hobbies? Do you always <b>grab</b> a book to read before going to bed? How does reading affect you?
5.	Have you ever attended a <b>dramatic</b> performance or play? Would you recommend it to your friends? Why or why not?
6.	Do you prefer to plan your summer holiday in advance or just do <b>whatever</b> you feel like each day?
7.	What do you like to do that your friends might consider <b>weird</b> ?



1. Complete the following sentences about teen's hobbies using the words above. Make necessary changes.



- 2. Now, match each of the sentences below to one of the sentences above that talks about the same teen.
  - 1. I have many notebooks filled with my sketches.
    2. I can tell you very interesting facts about our body.
    3. Wow, that was a great joke!
  - 4. I can make cards disappear.
  - 5. You can ask me for a recommendation for a good book.
  - 6. I like to learn about their hobbies and interests.
  - 7. I learned how to do it from a book about Japanese handcrafts.



#### Choose the correct answer.

- 1. Where would you typically find a **plot**?
  - A In a book.

- B In a piece of music.
- 2. When might you receive a special offer?
  - At the beginning of a season.
- **B** At the end of a season.
- 3. When do people do something of their own free will?
  - A When they are forced to.
- **B** When they volunteer.
- 4. What might happen when you make a miss during a game of tennis?
  - A You might lose the game.
- B You win the game.
- 5. What is the responsibility of the chairperson?
  - A To make decisions.

B To answer phone calls.

- 6. What can cause laughter?
  - A goal.

- B A joke.
- 7. What can you describe as "superb"?
  - A The view from the top of a mountain.
- **B** A difficulty you are facing.
- 8. What can make a room brilliant?
  - A Big windows.

**B** Many pictures.

D	barely	בקושי	clinic	קליניקה	pride	נַּאֲנָה
	bother (v)	לטרוח, להטריד, להפריע	do an excellent job	לעשות עבודה מצוינת	show up	להופיע, לצוץ
	care for	-לדאוג ל	generous	נדיב	tough (adj)	קשה, קשוח
	casual (adj)	מזדמן, לא פורמלי	hardware (n)	כלי מתכת, חומרה (מחשבים)		

1. Complete the passage using the words in the box below.



Repair cafés are a great way to save money, reduce waste, and show that you the environment! In these unique cafés, retired volunteers meet every week to fix broken items. This trend started in Amsterdam, and 30 new cafés have followed the idea in other parts of the Netherlands. Why is this idea so popular?

The products we buy these days <sup>2</sup> last a couple of years. Most people lack the special tools and <sup>3</sup> to fix them by themselves. Some people just don't want to <sup>4</sup> to repair them. That's where repair cafés come in. People can bring their broken items to the café, and professional volunteers fix them for free! The <sup>5</sup> volunteers see the repair café like a <sup>6</sup> for broken things. They <sup>7</sup> , managing to repair 80% of the items that people bring in. The volunteers have a real sense of barely bother (v)

People <sup>9</sup> with everything from shoes to lamps.

While they wait, they can enjoy a <sup>10</sup> cup of coffee and chat with each other.

Since many people are in <sup>11</sup> financial situations, and they can't afford to buy new appliances, repair cafés are a great a solution! So, before you throw away something that's broken, look around to see if a repair café has opened near you.

barely
bother (v)
care for
casual
clinic
do an excellent job
generous
hardware
pride
show up
tough



2. Describe a time when you took part in volunteer work. How did you help others? What did you gain from the experience?