

Liora Arnon • Avishag Dei
with Tzivi Trepp

PROFICIENCY LEVEL
STAGE ONE

Light Sky

Help Your
Students

Reach
Higher

ACCESS TO INFORMATION

SOCIAL INTERACTION

1

Achieving Goals Pages 7-38

One Man's Trash is Another Man's Treasure

Human Interest Article

The Great Wall of China

Informative Article

From China to the Holy Land

Listening
Comprehension – Interview

Chef with No Hands

Profile

- Locating relevant information for a specific purpose
- Listening for specific information
- Drawing inferences from the text
- Answering multiple-choice questions
- Expanding the students' horizons

● Inferring

- Expressing personal wishes and opinions
- Asking and answering questions in pairs

2

The Power of Art Pages 39-74

Opening Up with Art

Magazine Article

Elephant Artists

Monologue

Written in the Sand

Profile

Sandcastle Contest

Listening
Comprehension – Interview

- Understanding the main idea
- Listening for specific information
- Explaining cause and effect
- Locating relevant information for a specific purpose

● Explaining Cause and Effect

- Engaging in conversations about specific topics
- Expressing personal opinions and preference
- Interacting for the purpose of giving information

3

Choices Pages 75-110

Ship in a Storm

Human Interest Article

Live and Remember

Autobiographic Article

Technology at Your Disposal

Advertisements

Two Wolves in Your Heart

Folktale

Marketing Tricks

Listening
Comprehension – Talk

- Understanding the structure and conventions of advertisements
- Listening for specific information
- Comparing and contrasting information
- Understanding cause and effect
- Drawing inferences from the text

● Uncovering Motives

- Interacting in order to persuade
- Expressing personal opinions
- Engaging in conversations about specific topics
- Interacting for the purpose of giving information

APPRECIATION OF LITERATURE, CULTURE AND LANGUAGE

PRESENTATION

GRAMMAR AND VOCABULARY

Literature

- **To See the Invisible Man**

Story

- Discussing the theme of the story
- Drawing conclusions about characters
- Interpreting a story using the thinking skill of **Comparing and Contrasting**

Language

- Understanding how the **Present Perfect Simple** and the **Present Perfect Progressive** are used in English and in Hebrew
- Recognizing the use of the **Present Perfect Simple** and **Present Perfect Progressive** in articles
- Common expressions in English and in Hebrew

Writing

- Writing a **description** of important qualities
- Useful vocabulary for description
- Writing a composition, using the present tenses correctly

Task

- Creating a questionnaire to test a person's ability to achieve his or her goals

- Describing events in the present using the **Present Perfect Simple** and the **Present Perfect Progressive**
- Adjectives followed by prepositions

Literature

- **The Artist**

Story

- Defining characterization
- Analyzing the story using the thinking skill of **Inferring**

Culture

- Comparing the different cultural behaviors connected to animal art

Language

- Understanding how the **Past Perfect Simple** and the **Past Perfect Progressive** are used in English and in Hebrew
- Recognizing the use of the **Past Perfect Simple** and **Past Perfect Progressive** in articles
- Being aware of the way words are structured
- Understanding how the **passive voice** is used in English and Hebrew

Writing

- Expressing opinions
- Useful vocabulary for expressing opinions

Task

- Expressing a value in an artistic way

- Describing events that happened in the past using the **Past Perfect Simple** and the **Past Perfect Progressive**
- Describing events using the **Passive Voice**
- Suffixes that indicate a word is a noun

Literature

- **The Society**

Story

- Discussing paradox
- Analyzing the story using the thinking skill of **Identifying Parts and Whole**

Culture

- Appreciating Jewish bravery

Language

- Phrasal verbs in English and Hebrew

Writing

- Writing a review
- Useful vocabulary for writing a review

Task

- Interviewing a person about an important decision

- Talking about actions that are likely to happen in the future using the **first conditional** and **temporals**
- Talking about events that are unreal or have already happened using the **second and third conditionals**
- Recognizing and using **phrasal verbs**

4

Variety
Pages 111-142

ACCESS TO INFORMATION

SOCIAL INTERACTION

What's in a Color?
Magazine Feature

Color Speaks
Listening
Comprehension
– Interview

A Silent Language
Article

Value for the Golden Age
Report

- Applying knowledge to new situations
- Listening for specific information
- Drawing inferences from the text
- Integrating information
- Interpreting visual information
- Identifying the attitude of the writer

Explaining Patterns

- Expressing personal opinions
- Interacting to reach a conclusion
- Interacting for the purpose of giving information
- Working in pairs to role-play a dialogue

5

Education
Pages 143-175

Changing Lives with Education
Article

My Best Teaching Experience
Listening
Comprehension –
Interview

Secrets to Success in Education
Report

Homeschooling
Informal Letter

- Making inferences
- Listening for specific information
- Identifying the writer's opinion
- Following the development of an argument

Persuading

- Expressing personal opinions and wishes
- Interacting for the purpose of giving information
- Interacting in order to persuade

APPRECIATION OF LITERATURE, CULTURE AND LANGUAGE

PRESENTATION

GRAMMAR AND VOCABOLALY

Literature

- **Suzy and Leah**

Story

- Identifying flashbacks
- Drawing conclusions about characters
- Interpreting a story using the thinking skill of **Inferring**

Culture

- Becoming aware of the different ways in which elders are treated around the world
- Comparing the different messages of body language in different countries and cultures

Language

- Recognizing formal writing style

Writing

- Writing a **formal letter** to make a suggestion
- Useful vocabulary for writing a formal letter

Task

- Creating a "Variety Album"

- Using **either**, **neither** or **both** to present information

- Talking about actions using **gerunds** and **infinitives**

Literature

- **The Fun They Had**

Story

- Discussing connotations
- Continuing the story using the thinking skill of **Problem Solving**

Culture

- Comparing the educational systems in China and Finland

Language

- Becoming aware that different languages use different tenses to express the same idea

Writing

- Writing an **opinion**
- Useful vocabulary for giving opinions

Task

- Designing an inspirational poster

- Using **modals** and **semi-modals** for different purposes

- Using **prepositions** to talk about time

- Adjectives ending in "ed" and "ing"

LIGHTSKY

by Avishag Dei, Liora Arnon and Tzivi Trepp

FOLLOWS THE CURRICULUM OF THE MINISTRY OF EDUCATION AND CULTURE

Pedagogical Editor and Advisor: Tzuty Leser

Proofreader: Yonah Russ

Layout: Avital Zamir

Design and Layout: Michal Fried, Chana Frumer and Pessi Lindenfeld

Illustrations: Racheli Sheinfeld

Acknowledgements

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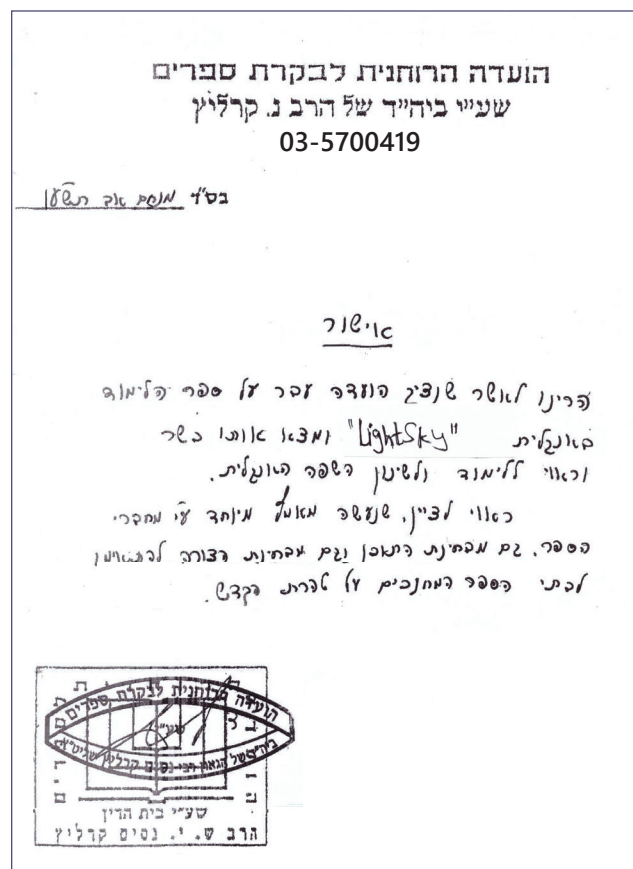
077-2346676

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Reach Higher Books

Experimental edition

Published in Israel



In this unit you will:

- read about people who achieved their goals through hard work.
- consider the historic value of the Great Wall of China.
- learn to read between the lines.

At the end of the unit you will be able to:

- write a descriptive composition.
- create a questionnaire and draw conclusions based on results.



Achieving Goals

A Are You Determined Enough to Achieve Your Goals?

Take this quiz and find out.

- 1. You miss the bus to school, and you have a test during the first lesson of the day. What do you do?**
 - a. I stay home and hope to take the test on a different day.
 - b. I take the next bus. I'll be only ten minutes late.
 - c. I use my pocket money and take a taxi so that I can get to school on time.
- 2. Your alarm clock rings in the morning. What do you do?**
 - a. I press the snooze button* and continue to sleep.
 - b. I cover my ears with my pillow and ignore the ringing for a few minutes.
 - c. I get out of bed so I can get my day started.
- 3. You have been working on a painting for a few hours. Suddenly, your friend spills water on the painting. What do you do?**
 - a. I realize that painting isn't for me.
 - b. I explain to my friend how careless his or her behavior was.
 - c. I wait until it dries, and then I try to fix it up. It's not so terrible.

* snooze button - לחצן השהיה

B Now, sum up your score. Each "a" is worth 2 points, each "b" is worth 5 points and each "c" is worth 10 points. Read the following conclusions and find out more about yourself.

6-14 points

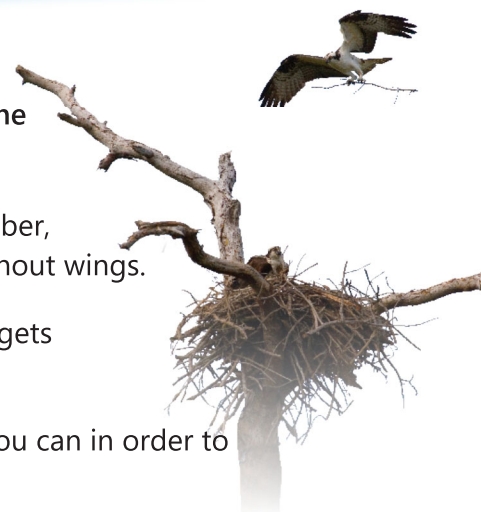
You give up on your goals very easily. Remember, talent without determination is like a bird without wings.

15-25 points

You do try to achieve your goals, but when it gets difficult, you give up.

26- 30 points

You are very determined. You do everything you can in order to achieve your goals. Good for you!



PART A

A Look at the pictures below. What do you think is each item made of?
Match each item in the boxes below to the correct material.



nylon bags

plastic bottles

disposal teaspoons

aluminum cans

New Words

coast
consider
convince
destroy
electricity
follow the rules
fulfill
government
grateful
include

investor
local
material
mind (v)
passenger
plant (v)
provide
recall



B Read the article below about Richart Sowa. What kind of home has Richart Sowa built?

One Man's Trash is Another Man's Treasure

What can a person do with used plastic bottles and other garbage? Most people would answer, "Throw them out." However, Richart Sowa, a man from Middlesbrough, England, has made the impossible possible. Near the coast of Mexico, Sowa built himself a green island out of only recycled materials.

5 In 1998, Sowa began working on his first green island using 250,000 plastic bottles to make it float¹. He also used soda cans, broken doors, bicycle parts and other materials. "It was all stuff I found on the beach," Sowa explains. "My island included a house and three beaches. To keep it cool, I planted trees. I also put a solar-powered oven in the kitchen," Sowa recalls proudly. Unfortunately, in July 2005, Hurricane Emily hit the coast of Mexico and Sowa's
10 island was completely destroyed. "I was grateful that my life was saved, but I was broken because I lost the work of seven years in just a few moments."

Sowa didn't give up. "I have told myself time and again that difficulty makes it possible to do great things," he says. Thankfully, Oscar Constandse, leader of the local ecological park, loved the idea of an environmentally-friendly island. He gave Sowa \$20,000 to use for rebuilding the
15 island. Other investors became interested in the plan, and soon Sowa had \$40,000 with which to start anew. By 2008, Joyxee, Sowa's new island near Cancun was ready. "Since then, people from all over the world have been coming both to visit and to help me with my project," says Sowa. "I live there, but I keep developing Joyxee all time."

Over time, Joyxee has grown to 7.5 meters long. It now includes three beaches, a lovely
20 house, and a mini farm, which provides food. Palm trees, sea grapes, cacti, and vegetables grow all over Joyxee. "In order to protect earth, I have solar panels that produce all the electricity I need," Sowa says.

While Joyxee is an amazing island, the government of Mexico has decided it is an ecological boat. On his
25 island, Sowa must follow the rules for boats. "I have to ensure that it has boat lights, a first-aid kit, and even life vests for all 'passengers' on Joyxee!" Sowa explains laughingly. Although Sowa can't convince the government to
30 consider Joyxee an island, he doesn't mind. "I am proud of Joyxee," he says.

Life on the island isn't always easy, but as Sowa says, "Nothing good comes easy. I put a lot of work into it, and this way, I feel
35 that I am fulfilling my dream every day!"

¹float - לציף





Answer the following questions.

1. What "impossible" thing did Sowa do? (lines 1-4)
2. In lines 5-11 we are told (-)
Tick (✓) the TWO correct answers.
 - a. why Sowa couldn't use some of the things he found on the beach.
 - b. what kinds of materials Sowa used to build his island.
 - c. why Sowa wanted to keep the island cool.
 - d. who helped Sowa build his island.
 - e. what went wrong with Sowa's island.
 - f. what helped Sowa survive.
3. Complete the sentence according to lines 12-18.
Oscar Constandse financed the rebuilding of Sowa's island because
4. According to lines 12-18, what is true about Joyxee?
 - a. Joyxee is worth \$20,000.
 - b. Few people have been to Joyxee.
 - c. Joyxee develops all the time.
 - d. The purpose of Joyxee is to help Oscar Constandse.
5. What is something environmentally-friendly that Sowa included on his new island? (lines 19-22)
6. What are "cacti" (line 20) an example of?
7. Why does Sowa have to equip Joyxee with life vests? (lines 23-31)
8. Complete the sentence according to lines 23-31.
Although Joyxee is a beautiful island, the government
9. Name ONE difference and ONE similarity between Sowa's two islands. Take your answer from more than one paragraph.

[Workbook](#)

**Fun
Line**

Imagine you were a travel agent. You would like to convince tourists to visit Sowa's island. Together with a partner, create a poster or brochure to advertise Sowa's island as an attraction for tourists.

Your Line

Richart Sowa worked hard and fulfilled his dream. Do you also have a dream? What can you do to achieve your dream?

Share your ideas with your friend.

Useful Vocabulary

- > courage
- > ignore
- > motivate
- > keep the goal in mind
- > overcome obstacles
- > plan ahead
- > step by step



Workbook

Grammar Line

The Present Perfect Simple

The article *One Man's Trash is Another Man's Treasure* on page 9 uses the Present Perfect Simple.

Form

Subject + has / have + V³

When do we use the Present Perfect Simple?

- a** To describe an action that happened at an unspecified time before now. The exact time is not important.

א. לתיאור פעולה שקרתה בזמן לא מוגדר בעבר. הזמן בו קרתה הפעולה אינו משמעותי לקורא.

For example: *Richart Sowa, a man from Middlesbrough, England, has made the impossible possible.*

- b** To describe an action that was done in the past and has an influence on the present.

ב. לתיאור פעולה שקרתה בעבר ויש לה השפעה על ההווה.

For example: *The government of Mexico has decided it is an ecological boat.*

- c** To describe an action that has happened several times in the past.

ג. לתיאור פעולה שקרתה מספר פעמים בעבר.

For example: *I have told myself time and again that difficulty makes it possible to do great things.*

Time expressions for the Present Perfect Simple:

ever never once many times several times

before so far already just yet

Practice Line



Choose the correct answer – the Past Simple or the Present Perfect Simple.

1. In 1977, Sowa **saw/ has seen** a picture that gave him the idea to build a green island.
2. Sowa **began/ has begun** building his first island in 1998, not far from Mexico.
3. More than once, people **said/ have said** that they would take the island out of the water.
4. In 2005, Hurricane Emily **destroyed/ has destroyed** Sowa's island.
5. Recently, Richart's new island, Joyxee, **became/ has become** famous.
6. Last year, Richart **gave/ has given** an interview to a local magazine and told his story.



Some people have visited Richart's island, Joyxee, and have written about their experiences. Complete their letters below using the Past Simple or the Present Perfect Simple.

When I (read) ^{1.} about Joyxee, I liked the idea of a green island. I (visit) ^{2.}there a few times and I still remember the island very well. The last time I (see) ^{3.} this island, I finally (realize) ^{4.} how all of us can help the environment. We don't have to create big projects in the way Richart Sowa (do) ^{5.} , but we can follow his example in small ways. I (always/ be) ^{6.} lazy about recycling, but now I understand that by recycling bottles and other stuff, we can help to improve our world.

Henry B., Holland


I went to see Joyxee and I (not like) ^{7.} the island. It (be) ^{8.} messy and not attractive at all. Since my visit, I (begin) ^{9.} to think of my home as a real palace! Can you imagine: Sowa (not sleep) ^{10.} in a real bed for the last two years! As much as Sowa has tried, he (not/yet/convince) ^{11.} me to follow his example!

Scott T., Spain



What really amazed me about Joyxee, was Richart Sowa himself! He (have)
^{12.} so many visitors over the years, and he still welcomes every visitor
 warmly. During our visit, we felt as if we were the only people who have ever visited
 his island. He (lead) ^{13.} our tour with such excitement. I (never/meet)
^{14.} a person as friendly as Richart Sowa.

Jonathan V., England

 Imagine a teenager living on Sowa's green island for a month. Write what he or she might say about the experience. Complete the sentences below in a logical way. Use the Past Simple or the Present Perfect Simple.

For example: *Two days ago, I saw a big snake. It was terrible!*

1. Yesterday
2. Many times
3. The first day I came here
4. Last week
5. So far
6. Recently

 Workbook

Grammar Line

The Present Perfect Progressive

The article *One Man's Trash is Another Man's Treasure* on pages 8-9 uses the Present Perfect Progressive.

Form

Subject + has / have + been + V^{ing}

When do we use the Present Perfect Progressive?

When we describe an action that started in the past and is still continuing.

לתיאור פעולה שהתחילה בעבר ועדיין ממשיכה בהווה.

For example: *Since then, people from all over the world **have been coming** ...*

Time expressions for the Present Perfect Progressive: for since all

Note: Stative verbs aren't used in the Present Perfect Progressive. When they are used in the present, they are only used in the Present Perfect Simple.

Practice Line

- A** You are going to read an interview with a man who built a house in a bus. Circle the correct answers – the Present Perfect Simple or the Present Perfect Progressive.

A Bus House



Interviewer: I ¹. **(have seen/have been seeing)** many interesting houses during my life, but I ². **(have never seen/have never been seeing)** anything like your bus house. Can a person really live in a bus?

Architect: It's only 21 square meters*, but it has everything a person really needs. It has six beds! There's a bathroom and a kitchen with a sink. Recently, I ³. **(have put/have been putting)** an air conditioner into my bus house. However, I ⁴. **(have not yet put/have not yet been putting)** in an oven or a fridge.

Interviewer: Amazing! How can you fit all of that into a bus?

Architect: I ⁵. **(have researched/have been researching)** ways of building in small spaces for years. I ⁶. **(have developed/have been developing)** a technique for creating thin walls. In addition, the seats can turn into a table or beds.

Interviewer: How long ⁷. **(have you worked/have you been working)** on this project?

Architect: Not long. I completed the planning in seven weeks, and the work in about fifteen weeks. It was mostly finished by the end of December, but I ⁸. **(have tried/have been trying)** to improve it since then.



*square meters – מטר מרובע

- B** Mrs. Tzur has been preparing for guests since the morning. The guests are coming in a few hours.

1. Write THREE sentences Mrs. Tzur might say to describe what she **has been doing** since the morning.
2. Write THREE more sentences Mrs. Tzur might say to describe what she **has already done**.

Extra Line

Adjectives with Prepositions

Some adjectives are normally followed by specific prepositions.

For example: *I am **proud of** Joyxee.*

Note: To find out which preposition normally follows an adjective, look up the adjective in the dictionary and read the example sentence.

 After each word in bold, fill in the correct preposition: about, in, on, of, with, to.

FRIENDSHIP TIPS

Many people are **satisfied** ¹ the friendships they have, and they don't try to improve them.

However, if you are **serious** ² improving your relationships, the following tips may be useful.

- Firstly, do your best to ensure that your friend enjoys the time you spend together.
For example, if your friend is **interested** ³ a specific topic, try to talk about it with him or her.
- Secondly, be **aware** ⁴ the things you do that your friend dislikes, and avoid doing them.
- Thirdly, it is okay for friends to sometimes be **dependent** ⁵ one another. Therefore, don't be **afraid** ⁶ getting help from your friend when you are in need.
- Finally, remember that although your friend is **similar** ⁷ you in some ways, the two of you also have many differences.

These tips will help you build a friendship that you will be **proud** ⁸

 Complete each sentence in a logical way. Begin with a preposition.

1. Students are usually serious
2. Anyone who goes on a hike in the forest should be aware
3. Great job! We are all so proud
4. I was so tired that I wasn't interested
5. I am afraid