

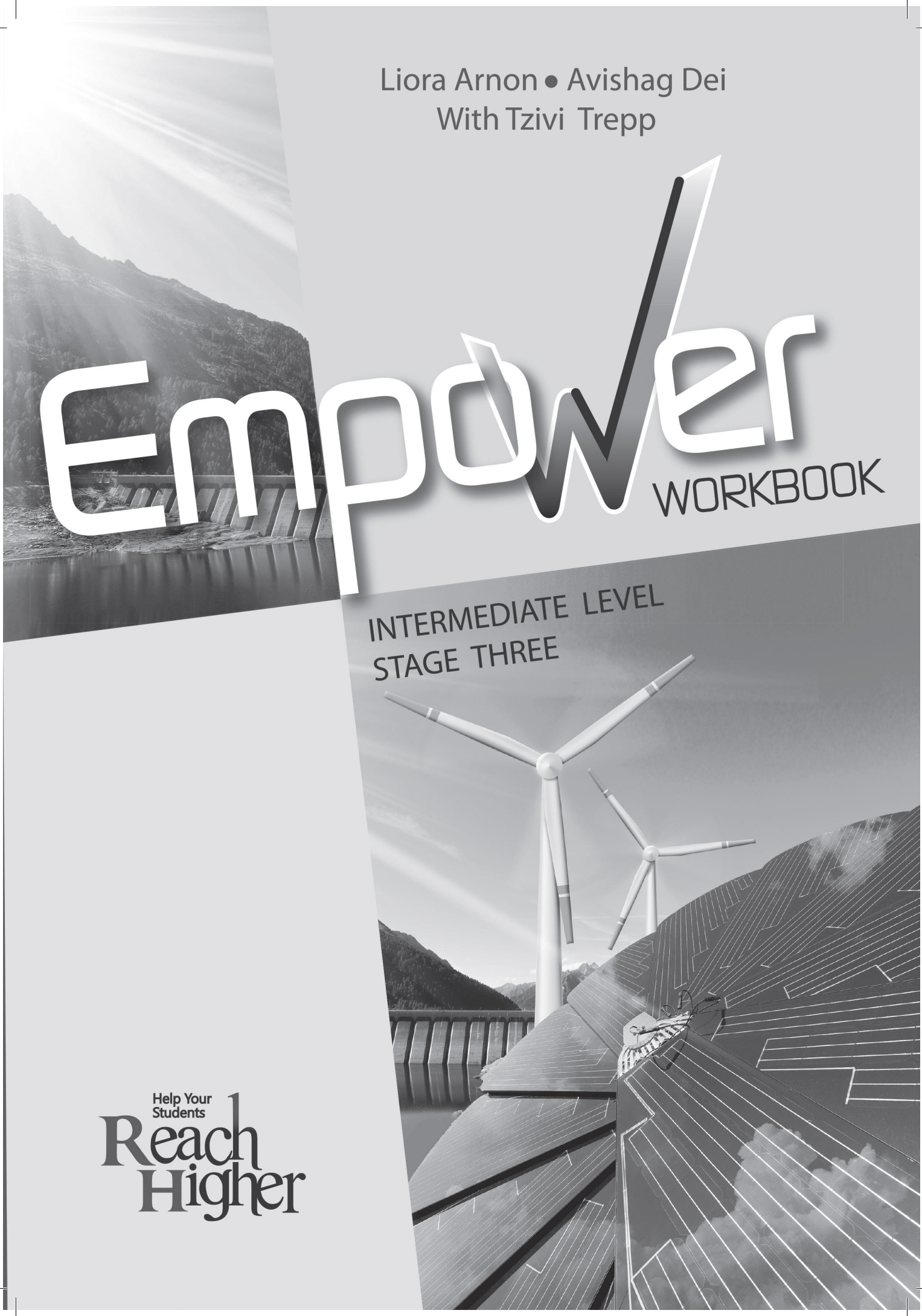
Liora Arnon • Avishag Dei  
With Tzivi Trepp

# Empower

WORKBOOK

INTERMEDIATE LEVEL  
STAGE THREE

Help Your  
Students  
**Reach  
Higher**



# Empower

by Avishag Dei, Liora Arnon and Tzivi Trepp

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## PART A

# AT THE LAST MOMENT

**BACK INTO THE TEXT** /// AFTER STUDENT'S BOOK PAGE 10 EXERCISE D

 Are the following sentences True or False? Tick (✓) the correct column.

	True	False
1. Jackie didn't have time to wait in the long line.		
2. The man told Jackie he could go before him.		
3. There was a loud boom when Jackie was in the restaurant.		
4. Jackie looked for the man so that he could save him.		
5. Jackie offered to help the man in the future.		
6. The man wanted to fly to Boston to meet Jackie.		
7. Jackie's life was saved twice: once in Israel and once in America.		

**VOCABULARY** /// AFTER STUDENT'S BOOK PAGE 10 EXERCISE D

**A** Translate the following words into Hebrew.

- |                  |   |                      |                |   |                      |
|------------------|---|----------------------|----------------|---|----------------------|
| 1. act (n)       | - | <input type="text"/> | 8. offer (v)   | - | <input type="text"/> |
| 2. appointment   | - | <input type="text"/> | 9. order (v)   | - | <input type="text"/> |
| 3. condition (n) | - | <input type="text"/> | 10. powerful   | - | <input type="text"/> |
| 4. doubt (n)     | - | <input type="text"/> | 11. realize    | - | <input type="text"/> |
| 5. impatiently   | - | <input type="text"/> | 12. search (n) | - | <input type="text"/> |
| 6. in front of   | - | <input type="text"/> | 13. suggest    | - | <input type="text"/> |
| 7. line (n)      | - | <input type="text"/> | 14. terrible   | - | <input type="text"/> |

**B** Which pairs of words have similar meanings? Which pairs of words have opposite meanings? Write (S) for similar or (O) for opposite.

- ..... 1. 

powerful
----------

weak
------
- ..... 2. 

in front of
-------------

before
--------
- ..... 3. 

realize
---------

understand
------------
- ..... 4. 

offer
-------

take
------
- ..... 5. 

terrible
----------

bad
-----
- ..... 6. 

search
--------

find
------
- ..... 7. 

act
-----

thought
---------
- ..... 8. 

appointment
-------------

meeting
---------

**C** Do the following sentences have a positive or a negative connotation? Write (P) for positive or (N) for negative.

- 1. I have an **appointment** with the doctor today.
- 2. The girls **offered** to help their teacher after school.
- 3. There is a lot of garbage **in front of** our building.
- 4. This is an old book, but it is in very good **condition**.
- 5. I woke up from a **terrible** dream. I couldn't fall asleep for an hour after that.
- 6. We waited **impatiently** for the bus to come.
- 7. That was a very **powerful** story.

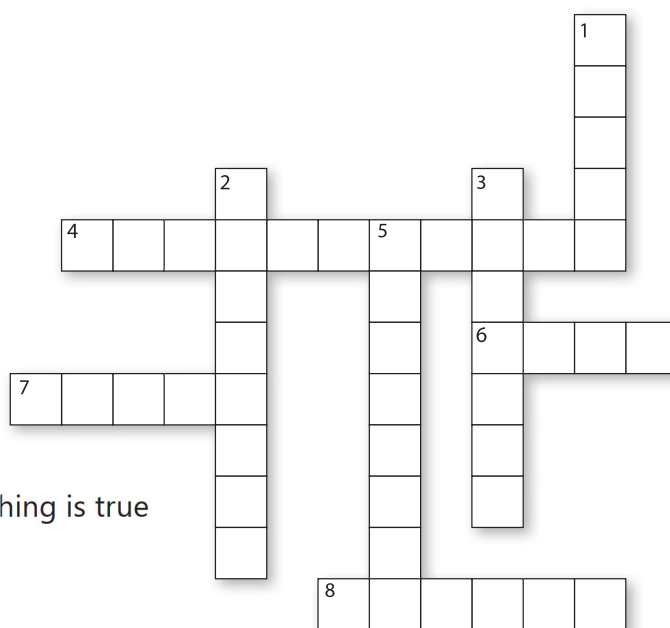
**D** Complete the crossword puzzle with words from exercise A.

**Across** →

- 4. a plan to meet someone at a specific time and place
- 6. people who stand one after another
- 7. to tell people you are ready to do something for them
- 8. the act of looking for

**Down** ↓

- 1. a feeling of being unsure that something is true
- 2. strong
- 3. understand
- 5. very bad



**E** Complete the sentences using the words below. There is ONE extra word.

acts • appointment • condition • impatiently • order  
powerful • search • suggest • terrible

1. Make sure not to be late for your ..... at 8:45 tomorrow morning.
2. The boss was in a hurry. He spoke ..... to the workers.
3. The police organized a ..... in order to catch the terrorist.
4. This machine is very ..... It can lift 1,000 kilograms!
5. If you ..... two shirts, you get the third one free.
6. Try to do as many ..... of kindness as you can.
7. I feel ..... ! I don't think I can go to school today.
8. I need an idea. Do you have anything to ..... ?

**F** Write as instructed.

1. Make up a question using "order".

.....

2. Make up a negative sentence using "appointment".

.....

3. Make up an untrue sentence using "doubt".

.....

4. Make up a true sentence using "realize".

.....

5. Make up a funny sentence using "line".

.....

6. Make up a personal sentence using "terrible".

.....

**G** You are going to read a dialogue with Mr. Schonebrun, who survived the 9/11 terror attack. Complete the dialogue using the words below. There are THREE extra words.

act • appointment • condition • doubt • in front of  
line • order • realize • suggested • terrible

## SURVIVOR!

**Interviewer:** Mr. Schonebrun, you survived the September 11<sup>th</sup> terror attack through many miracles. Can you tell us about it?

**Mr. Schonebrun:** My office was on the 101<sup>st</sup> floor. I had an <sup>1.</sup> ..... that morning, so I was late to work. I was waiting for the elevator on the 78<sup>th</sup> floor when the planes hit the higher floors, so I wasn't hurt.

**Interviewer:** Wow! Did you try to get downstairs right away?

**Mr. Schonebrun:** Yes, but then I saw Vance DiChiara. He was badly burned\* and he looked <sup>2.</sup> ..... ! I stopped to help. I couldn't hold him because the burns were so painful, so I walked right <sup>3.</sup> ..... him. This way, if he fell, he would fall on me, not on the floor.

**Interviewer:** Did you go downstairs together?

**Mr. Schonebrun:** Yes. We wanted to run away through the underground floor, but someone <sup>4.</sup> ..... that we use the ground floor. That was another miracle. Everyone on the underground floor died.

**Interviewer:** What did you do when you got outside?

**Mr. Schonebrun:** I helped Vance get into an ambulance and said goodbye. I didn't <sup>5.</sup> ..... it was dangerous to stay in the area. But *Hashem* saved my life with a third miracle. Vance asked me to ride in the ambulance with him. He was in bad <sup>6.</sup> ..... The ambulance drove us away before the building fell.


**Interviewer:** Amazing! Did your experience have an effect on your life?

**Mr. Schonebrun:** Yes. I have no <sup>7.</sup> ..... that it did!  
Now I spend more time with my family and I am more careful with what I say.

\* badly burned - נכוה קשות

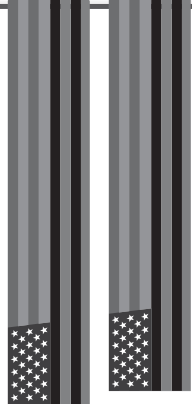


**H** Mr. Marom was in the Twin Towers when the terror attack took place. Use your imagination to complete Mr. Marom's diary. Use **FOUR** of the words below.

 condition • have no doubt • in front of • line • offer • order • powerful  
realize • search • terrible

*Dear Diary,*  
*I didn't dream that the beautiful morning would turn into such a dark day.*  
*Everything seemed normal when I walked into my office.*

.....  
.....  
.....  
.....  
.....  
.....



**HOW ABOUT YOU? ///** AFTER STUDENT'S BOOK PAGE 10 EXERCISE E

**A** Do you remember the meaning of the phrases below?

.....  
was supposed to • at the last moment • by a miracle  
in the end • will never forget  
.....

**B** Answer the questions below.

1. What is something that happened to you that you **will never forget**?  
.....
2. What shouldn't you do **at the last moment** before *Shabbat*?  
.....
3. What **are you supposed to** do before crossing the street?  
.....
4. What could happen only **by a miracle**?  
.....
5. You liked it **in the end**. What was it?  
.....



**C** Fill in the sentences using phrases from exercise A.

1. The day of our trip looked very cloudy at first, but ..... , we had great weather.
2. Who ..... take out the garbage? Why is it still here?
3. I left my phone outside in the rain, but ..... , it still worked when I tried it!
4. We ..... the wonderful time we had in camp!

**LANGUAGE POWER** /// AFTER STUDENT'S BOOK PAGE 14 EXERCISE D

---

**The Past Simple and the Past Progressive**

**A** We use the Past Progressive in three cases. Write the letters of the sentences that match each use.

1. A continuing action took place at a specific time or during an incident in the past.
2. A continuing action that took place in the past was interrupted by a short action.
3. Two continuing actions took place at the same time in the past.

- a. Mrs. Newton was standing in line when the store manager began closing up.
- b. The house was quiet. Shula was reading, and Yael was writing in her diary.
- c. Mr. Kroll was waiting impatiently for his appointment at 7:45.
- d. At midnight, all of the children were sleeping peacefully in their beds.
- e. It was a cold night. A powerful wind was blowing, and the snow was falling heavily.
- f. While she was talking to her best friend, the telephone line stopped working.

**B** Choose the correct answer – the Past Simple or the Past Progressive.

1. When the glass **fell/was falling** on the floor, it **broke/was breaking**.
2. While the travelers **hiked/were hiking** up the mountain, the earth **started/was starting** to move.

3. While the mother **slept/was sleeping**, her son **worked/was working** on a 1000-piece puzzle.
4. While Moshe **looked/was looking** for his glasses, he **found/was finding** an important paper.
5. He **offered/was offering** to help, but I **wanted/was wanting** to do it on my own.
6. She **played/was playing** guitar when her mother **asked/was asking** for her help.
7. After I **got/was getting** my test back from my teacher, I **showed/was showing** it to my parents.

**C Complete the sentences with the correct form of the verbs in brackets. Use the Past Simple and the Past Progressive.**

1. The boy (see) ..... an interesting sign as he (walk) ..... to school.
2. The teacher (find) ..... three spelling mistakes while she (check) ..... my project.
3. I (read) ..... a book while my mother (talk) ..... on the phone.
4. Three cats (look) ..... for food in the garbage when Noah (throw away) ..... the garbage bag.
5. (you/listen) ..... while the teacher was talking?
6. Everyone (sit) ..... down to eat after they (finish) ..... dancing.

**D Complete the mini-dialogues with the correct form of the verbs in brackets. Use the Past Simple and the Past Progressive.**

1. **Q.** What (the traveler/see) ..... while he (hike) ..... in the desert?

**A.** He (see) ..... a dangerous cobra.

2. **Q.** I (call) ..... you a few times last night, but you didn't answer. What (you/do) ..... between 8 and 9 p.m.?

**A.** I (study) ..... English with my private teacher.