

HIGH JUMP

Band I - 468 Lexical Items



Help your students
**REACH
HIGHER**

Avishag Dei • Liora Arnon



HIGH JUMP

Band I – 468 Lexical Items

Liora Arnon • Avishag Dei

Writers: Tzivi Trepp, Sharon Yelenik, Linda Hershler
Pedagogical Editor: Dr. Miri Yochanna
Language Editor: Sarah Kunz
Proofreaders: Raizy Shlezinger, Rosally Saltsman, Susan Klineberg, Tzuty Lesser
Layout and Design: Top – Sarah Zecharyahu, Ma'ayan Barak
Layout: Ma'ayan Barak, Top – Sarah Zecharyahu

The publishers gratefully acknowledge the following for providing photographs:

© Depositphotos, Avi Katz

The publishers have done the utmost to trace all copyrighted material and would like to hear from any copyright holder who couldn't be traced.

All rights reserved by the publishers. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means – electronic, mechanical, photocopying or otherwise – without permission in writing from the publishers.

Reach Higher Books

Tel: 052-7639640

077-2346676

Fax: 077-3182104

E-mail: reachhigherbooks@gmail.com

© Copyright 2021 Reach Higher Books

Experimental Edition

Published in Israel

TABLE OF CONTENTS

UNIT		PAGE
1	The Well 25+4 Band I items	5
2	Three Sons 23+15 Band I items	13
3	The Blind Men and the Elephant 26+8 Band I items	22
4	Four Good Daughters 25 Band I items	30
5	A Few Years Ago 25+8 Band I items	38
6	Changing the World 25 Band I items	46
7	How You Say It 26 Band I items	53
8	Mr. Kanittverstehen 26 Band I items	60
9	A Phone Call 22 Band I items	67
10	A Baseball 22 Band I items	74
11	Broken Eggs 26 Band I items	81
12	The Missing Man 24 Band I items	88

13	A Tip	20 Band I items	95
14	The Gorilla and the Lion	26 Band I items	101
15	The 75 th Floor	23 Band I items	108
16	A Glass of Milk and a Plate of Cheese	19 Band I items	115
17	The Wonder Donkey	26 Band I items	122
18	The Bear's Whisper	25 Band I items	129
Total: 468 Band I Items			
Games			136
Glossary			140

Unit 2

Before You Read

NEW WORDS

about • all • as quickly as possible • begin / began • son • strong • teach • the same

A Mark ✓ or ✗ according to the pictures.

סמנו ✓ או ✗ לפי התמונות.



1. It is very **strong**.



2. This is Mr. Cohen's **son**.



3. **All** the eggs are white.



4. All the boxes are **the same**.



5. He is **teaching** music.



6. They **began** to play the game.



7. He wants to get home **as quickly as possible**.



8. This is how the day **begins**.



9. She is thinking **about** something.



NEW WORDS

anything • dear • difficulty • each • finish • hard • might

- B** 1. Circle the correct answers to show you understand the words in bold.

הקיפו את התשובות הנכונות כדי להראות שאתם מבינים את המילים המודגשות.

Tips for a Better Life

1. Begin **each** day with *a smile / a test*.
2. When you see people with **difficulties**, *help them / tell them to wait*.
3. You can do **anything** if you *work hard / speak*.
4. **Hard** work makes you *bad / strong*.
5. Don't be afraid that bad things **might** *go / happen*.
6. **Finish** your meetings *on time / late*.
7. Remember your **dear** friends and *teach them / visit them*.

- 2** In pairs, suggest TWO more tips for a better life.

NEW WORDS

always • another • easy • first • give • task • team • then

- C** Circle the correct meaning of each of the words in bold.

הקיפו את המשמעות הנכונה של כל אחת מהמילים המודגשות.

Working in a Team

1. It is nice to do the **tasks** with your friends.
a. משימות b. פעילויות
2. You might learn something new from **another** student.
a. חדש b. אחר
3. You try new ideas, and **then** you see what works best.
a. אז b. לכן
4. Your friends **give** you lots of feedback.
a. לוקחים b. נותנים
5. It is **easy** to finish the job on time when you work together.
a. קל b. חשוב
6. If you don't know what to do, you can **always** ask a friend.
a. תמיד b. לפעמים
7. You don't have to be the **first** to give an idea.
a. הכי טוב b. ראשון
8. For many jobs, you need to know how to work in a **team**!
a. כיתה b. קבוצה

Reading Time

A You are going to read about a father who gives important advice to his sons. Look at the picture on this page and guess what advice the father gives.

אתם עומדים לקרוא סיפור על אב שנותן עצה חשובה לבניו. התבוננו בתמונה שבעמוד זה ונחשו איזו עצה נותן האב.

B Read the story. Why does the father call his sons to him?

קראו את הסיפור. מדוע האב קורא לבניו?

Three Sons

An old man was very proud of¹ his three sons because they were all good people, and they all worked hard. But, he was sad because his sons always fought with each other.

One day, the old man got sick. He knew he might not live long, and he wanted to teach his sons a lesson². He called his sons together. "My dear sons," he told them, "I will give each of you a bundle of sticks³. Break each stick in two. I want to see who finishes first."

The three sons began to break their sticks as quickly as possible. When they were finished, they began to fight about who was first. "Hold on," said their old father. "Now, I will give each of you another bundle of sticks. This time, each of you needs to break all the sticks in the bundle together."

The sons all tried to break the sticks, but it was a hard task. "We cannot break the sticks when they are together," they said to their father. "They are too strong now."

"My dear sons!" cried the old man. "Don't you see? It is easy to break one stick and then another stick and then another. But it is hard to break them all together because they are so strong. You, my sons, are the same! If you fight with each other, difficulties can break you. But if you are a team, you are strong! Together, you can do anything!"

¹ proud of - נאה ב... -

² lesson - לקח -

³ bundle of sticks - חבילת מקלות -



Words I Know: called • hold on • if • knew (know) • need

C Answer the questions about the story.

ענו על השאלות לפי הסיפור.

1. Why is the father sad?

.....

2. Complete the sentences that describe the events in lines 3-9.

a. First the father tells his sons to break

b. The sons break their sticks as quickly as possible.

c. Then the sons

3. The father asks his sons to do TWO tasks. Place each sentence in the correct column below.
- The father gives each son a bundle of sticks.
 - The sons must break each stick in two.
 - The sons need to break all the sticks in the bundle together.
 - When they finish, the sons fight about who is first.
 - It is very hard to do this task alone.
 - Each son tries to break all the sticks in his bundle first.
 - The sons tried to do what their father asked.

First Task	Second Task	Both Tasks
		<i>The father gives each son a bundle of sticks.</i>

4. What lesson does the father teach his sons?

.....

.....

D Complete the questions with the words below.

השלימו את השאלות עם המילים שלמטה.

each • easier • sons • task

- Why does the man call all his together?
Because he is very sick.
- Do the sons help other break the sticks?
No, each son tries to finish first.
- Which bundle is to break?
The first one.
- What does the father give his sons the second time?
To break all the sticks together.



E Sit in groups of FOUR. Each student, in turn, says two sentences about the story "Three Sons". In each sentence, use one of the words below. Don't use a word that your group has already used.

שבו בקבוצות של ארבעה משתתפים. כל תלמיד מהקבוצה אומר בתורו שני משפטים אודות הסיפור. בכל משפט יש להשתמש באחת מהמילים שלמטה מבלי להשתמש במילים שנאמרו כבר בקבוצה.

always • as quickly as possible • began • each • easy • first
give • hard • sons • strong • task • teach • team

Expand Your Words

A Complete the sentences with the words below. השלימו את המשפטים עם המילים שלמטה.

as quickly as possible • dear • difficulties • each • easy • give • teach • the same

Parents and Children

Parents

1. Your parents and your friends' parents aren't
2. Parents children how to talk.
3. Parents help children when they have with their homework.
4. Parents children important advice.

Children

5. Children are very to their parents.
6. child is special.
7. It isn't always for children to listen to their parents.
8. When parents need something, children should help them

B Complete the baking tips with the words below.
Then add another baking tip of your own.

השלימו את הטיפים לאפיה עם המילים שלמטה.
לאחר מכן, הוסיפו טיפ משלכם הקשור לאפיה.

BAKING TIPS

all • always • another • anything • hard • might • strong

1. Read the baking tips that you can find.
2. check that you have everything you need before you start.
3. Use a mixer.
4. Don't do dangerous in the kitchen.
5. If the cake falls, try to make cake.
6. You want to taste what you baked before you give it to others.
7. Baking is work, but it's fun.

8. My tip:

C Batya took part in a baking contest. Complete the passage with the words below.

בתיה השתתפה בתחרות אפיה. השלימו את הקטע עם המילים שלמטה.

about • as quickly as possible • began • task • teams

Dear Diary,

Today was an exciting day! It was the day of the student baking contest in our high school. Let me tell you ¹ it.

There were three ² The ³ was to bake a chocolate cake. We ⁴ at 2:00. We had to finish by 2:30, so we all worked ⁵

finished • first • the same • then

Our team made a beautiful cake and we ⁶ on time. We were sure we were going to win!

⁷, we gave everyone a piece of our cake. Suddenly, they all stopped eating and looked at us. One of the girls from my team called out, "Oh, no! The salt and the sugar looked ⁸!" Of course, we didn't get the ⁹ prize...

Batya

A Circle the correct answers in the following dialogue. Use the chart on the right.

הקיפו את התשובות הנכונות בשיחה הבאה. השתמשו בטבלה שבצד ימין.

Class Project

Teacher: Today, students will show ¹ **their / they / them** projects to the class. Who wants to show ² **he / his / your** project first?

Michael: I want to show ³ **my / I / me** project!

Teacher: Thank you, Michael. What is ⁴ **you / their / your** project about?

Michael: It is about my family. ⁵ **It's / It / Its** name is "A Special Family."

Teacher: What's so special about your family?

Michael: ⁶ **Our / He / We** have three sets of twins!

Teacher: Is your father or mother also a twin?

Michael: Yes, ⁷ **our / we / their** father is a twin. ⁸ **He / Her / His** twin brother looks just like him.

Teacher: Michael, your project sounds very interesting. ⁹ **I / Me / My** am sure everyone will enjoy hearing about your special family.

WORD FOCUS 1

המילים הבאות מראות שייכות. אחריהן יופיע שם עצם.

- my - שלי
- your - שלך, שלכם, שלכן
- his - שלו
- her - שלה
- its - שלו, שלה (לגבי יחיד שאינו בן אדם)
- our - שלנו
- their - שלהם, שלהן

Possessive Adjectives

my	My shirt is green.
your	Your book is new.
his	His bed is small.
her	Her pen is nice
its	Its fruits are good.
our	Our house is big.
your	Your tests are perfect.
their	Their car is slow.

B Complete the sentences with the correct word from the chart on the right. Look at the words in brackets.

השלימו את המשפטים עם המילה הנכונה מהטבלה שבצד ימין. היעזרו בסוגריים.

On the Trip

1. I must drink some water. Is this bottle mine or (you)?
2. I made sandwiches for the trip: one for my twin brother, Yoni, and another for me. The tuna sandwich is (I) and the cheese sandwich is (he).
3. In the morning I didn't find a hat. So my sister gave me (she).
4. We are going on kayaks. Every four boys will go on a kayak. This kayak is (we).
5. When I finish using the camera, I will give it back to my neighbors. This camera is (they).

WORD FOCUS 2

מילות השייכות הבאות כוללות את שם העצם שעליו דובר קודם. כלומר, אחריהן לא יבוא שם עצם.

- mine - שלי
- yours - שלך, שלך
- his - שלו
- hers - שלה
- ours - שלנו
- yours - שלכם, שלכם
- theirs - שלהם, שלהם

Possessive Pronouns

mine	The shirt is mine.
yours	The book is yours.
his	The bed is his.
hers	The pen is hers.
-	לא משתמשים ב- its בתור possessive pronouns
ours	The house is ours.
yours	The tests are yours.
theirs	The car is theirs.

WORD FOCUS 1+2

Possessive Adjectives	Possessive Pronouns
My shirt is green.	The green shirt is mine.
Your book is new.	The new book is yours.
His bed is small.	The small bed is his.
Her pen is nice.	The nice pen is hers.
Its fruits are good.	לא משתמשים ב- its בתור possessive pronouns
Our house is big.	The big house is ours.
Your tests are perfect.	The perfect tests are yours.
Their car is slow.	The slow car is theirs.

לפניכם טבלה המדגישה את ההבדלים בין possessive adjectives ל- possessive pronouns.

C Complete the passage. Use the WORD FOCUS 1+2 chart.

השלימו את הקטע בעזרת טבלת ה-WORD FOCUS 1+2.

My Parents

Hi, ¹ name is Dina, and I am 14 years old. My father is a chef. ² food is delicious. He works with a partner in a catering company. Every week they get many thank-you letters for ³ delicious food. My mother works in a shop. ⁴ name is Gold and Silver. This shop is not ⁵ She only works there. Every morning, my parents take a bus to work and I take a bus to school. I sometimes miss ⁶ bus, but my parents never miss ⁷
 Now you know about my parents. What can you tell me about ⁸ ?

Let's Write

Write FOUR sentences about the picture. In each sentence, use ONE of the words below.

finish • his • know • might • need • task • then

1.
2.
3.
4.

כתבו ארבעה משפטים אודות התמונה. בכל משפט, השתמשו באחת מהמילים שלמטה.



Let's Listen 

The Coat of a Happy Man

Listen to the recording and answer the following questions.

האזינו לקטע וענו על השאלות הבאות.

- | | |
|--|--|
| 1. Why does the father call his son?
a. To teach him something important. | b. To help him with an important task. |
| 2. What does the father ask his son to do?
a. To be a happy man. | b. To bring him the coat of a happy man. |
| 3. How does the son know the man is happy?
a. He is singing. | b. He has a lot of money. |
| 4. Choose True or False.
The man has a house. | True / False |
| 5. Choose True or False.
The man has everything that he needs. | True / False |



Let's Play

To have fun practicing the words in this unit, play one of the games on page 137.

כדי לתרגל את המילים שביחידה זו בצורה מהנה, שחקו את אחד המשחקים מעמוד 137.

My Progress

A Let's review the words you learned in this unit. How many words do you remember?

בואו נחזור על המילים החדשות שלמדתם ביחידה זו. כמה מילים אתם זוכרים?

NEW WORDS

- | | | |
|---------------------------|---------------|--------------|
| 1. about | 9. difficulty | 17. son |
| 2. all | 10. each | 18. strong |
| 3. always | 11. easy | 19. task (n) |
| 4. another | 12. finish | 20. teach |
| 5. anything | 13. first | 21. team (n) |
| 6. as quickly as possible | 14. give | 22. the same |
| 7. begin / began | 15. hard | 23. then |
| 8. dear | 16. might | |

WORD FOCUS

my	mine
your	yours
his	his
her	hers
its	-
our	ours
your	yours
their	theirs

B How happy are you with your progress? Circle the face that reflects how you feel.

עד כמה אתם מרוצים מההתקדמות שלכם? הקיפו את הפרצוף שמשקף את הרגשתכם.

